



West of Scotland Regional Equality Council

(WSREC)

# Qurbani (Sacrifice) Food Initiative

## Report 2012

By

Mohammed Razaq, Executive Director

December 2012



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## **BACKGROUND**

This is the third year of the Qurbani Food Initiative (QFI) with the idea which came from a staff member of WSREC who being a Muslim offered Qurbani (sacrifice) in 2009 for the first time in Glasgow.

This is explained as follows; during the celebration of Eid al-Adha "Festival of Sacrifice", Muslims commemorate the willingness of Abraham (Ibrahim (r.a)) to sacrifice his son as an act of obedience to God but instead was able to sacrifice a ram (by God's command).

The meat from the sacrifice of Eid al-Adha is mostly given away to others. One-third is eaten by immediate family and relatives, one-third is given away to friends, and one-third is donated to the poor and needy.

This led him to feel that he did not fulfil the obligations of giving one third of the sacrificial meat to the poor and needy. This was due in part not quite knowing who or how to impart with the one third for the poor and needy.

After pondering how to make things right he started to think about the poor and needy who used soup kitchens in Glasgow i.e. Salvation Army etc.

Working for WSREC he realised the potential for good community relations in making the Muslim community aware of how they could meet their obligations and also the rightful beneficiaries receiving the meat.

After some initial research and assistance of WSREC staff, the Board of Directors agreed to a 'pilot' to be undertaken in 2010.

In 2011 the project was further energised with funding of £3000 over 2 years from Faiths in Scotland Community Action Fund (FISCAF) which allowed the recruitment of a part time development officer to take the project forward.

In 2012 support from SMPA was received and the printing and distribution of the qurbani leaflet was carried out by them and we are thankful to them for this.

## **EXECUTIVE SUMMARY**

WSREC Board of Directors agreed to a 'pilot' of The Qurbani (sacrifice) Food Initiative in 2010. The initiative was so successful in enhancing good community relations in Glasgow. Along with assisting the Muslim community to fulfil its obligations in relation to qurbani and at the same time be a benefit to the poor and needy of Glasgow that it was decided to continue this as a project.

### Work carried in the 'Pilot' in 2010

The confirmation that Islam allowed sacrificial meat to be distributed to the poor and destitute and in particular to non-Muslims

A website research was carried out in year 1 (2010), eight (8) websites were identified that provided the relevant information, 88% of these indicated that the poor had a right to a third of the meat. Secondly advice from Imams of six (6) major mosques in Glasgow was sought,

All (6) of the Imams indicated that the poor had a right to a third of the meat and four (4) agreed that it was permissible for the qurbani meat to be give to non-Muslims..

The main activities undertaken in 2011 were: face to face meetings with community members. Meetings with Directors of Snax4u and Awazfm to obtain continued support for the project agreement/protocol between WSREC and partnership organisation (LHM); carried out a programme of awareness raising measures amongst the Muslim community using local mosques, leaflets and posters and local radio. Also Information exchange between both communities through leaflets and partner organisation distributing donated meat to its client group.

Activities undertaken in 2012 were: again face to face meetings with community members. Carried out a programme of awareness raising measures amongst the Muslim community using local mosques, leaflets and posters and local radio. Also Information exchange between both communities through leaflets, visit to the mosque by LHM staff and clients and also distributing donated meat to its client group.

Support for the initiative in 2012 came from Individuals and the Muslim community as a whole. With continued support from Awazfm107.2- Asian Community Radio; Mosques; Halal butchers; and other organisations including Snax4U, Lodging House Mission and Scottish Police Muslim Association (SPMA) WSREC Board of Directors and staff

The result of the 2012 project was a great success; 6 Butchers involved in assisting in storing qurbani meat; 12 collections made over the 2 days of qurbani; 70 kilos of meat was collected and delivered to LHM

### **Recommendations**

To carry out the Initiative next year and in subsequent years

Consolidate good practice and implement learning from 2011 project.

To increase the number of qurbani's offered to the Initiative

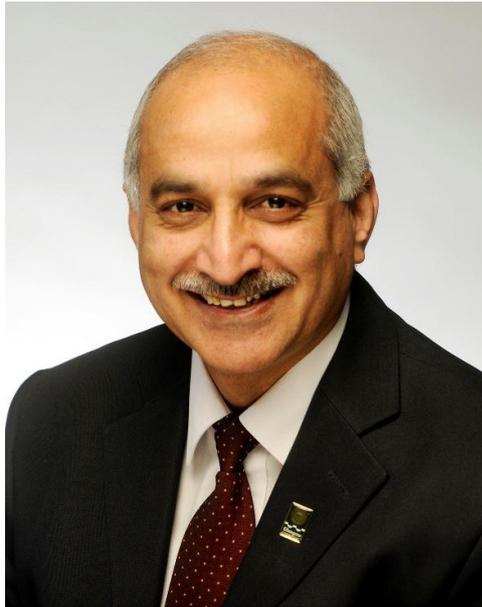
To start dialogue with similar organisations to LHM in view to partnership work in the future

To obtain funding to resource this work (3 months per year)

To encourage the setup of similar initiatives in other cities and towns in Scotland and possibly England

## PROJECT AIMS AND OBJECTIVES 2011/12

- Positive information exchange and interfaith understanding between Muslim and indigenous community in particular the poorer members of Glasgow society
- Increased opportunities for Glasgow's Muslim Community to support the socially excluded communities
- Enhance good community relations between stakeholders of Partnership organisations and the Muslim Community in



*Mohammed Razaq, Executive Director*

### Quotes from the recipients of the qurbani

*"Lamb cooked on the bone tastes better as it brings out more flavour. I think it is fantastic that the Muslim community have donated this meat to LHM. I'd like to know more about Qurbani and the Muslim faith in general" **Helen, 42.***

*"Lamb is my favourite meat and to have so much donated has been a real treat. I'm looking forward to our visit to the Mosque and to finding out more about the Muslim way of life" **Paul, 34.***

*"I visited the Mosque last year and found it a very peaceful and pleasant experience. The lamb we received once again was delicious and cooked to perfection" **David 54***

*"I wasn't sure about the Lamb as I had never tried it before, but I must say it was so tasty and tender, when will it be on the menu again" **Steven 23***

## **RESEARCH ACTIVITY 2010**

Due to the importance of qurbani it was very vital to confirm that Islam allowed sacrificial meat to be distributed to the poor and destitute and in particular to non-Muslims

### **Website research**

Firstly a website research was carried out. Eight (8) websites were identified that provided the relevant information, which led to the following result.

Seven (7) of these websites had information that indicated that the poor had a right to a third of the meat and also that it was permissible for the qurbani meat to be given to non-Muslims and one (1) did not agree- these websites are noted below:

1. [http://qa.sunnipath.com/issue\\_view.asp?HD=1&ID=4748&CATE=175](http://qa.sunnipath.com/issue_view.asp?HD=1&ID=4748&CATE=175)
3. [http://qurbaniservices.com/Qurbani\\_Ruling.htm](http://qurbaniservices.com/Qurbani_Ruling.htm)
4. <http://www.darulihisan.com>
5. <http://www.islamawareness.net>
6. <http://www.darulifta-deoband.com/index.jsp>
7. <http://darulifta-deoband.org/viewfatwa.jsp?ID=15070> <http://faizulislamhyd.org>
8. <http://www.nooremadinah.net>

### **Imams of Mosques In Glasgow**

Secondly advice from Imams of six (6) major mosques in Glasgow was sought, which led to the following result.

All (6) of the Imams mentioned below indicated that the poor had a right to a third of the meat and four (4) agreed that it was permissible for the qurbani meat to be give to non-Muslims:

1. Maulana Hafiz Habib Ur Rehman -Central Mosque
2. Maulana Mohammed Aslam / Mr Saleem Aslam - Madrassa Taleem UI Islam
3. Maulana Abdul Rehman Abid - Al Furqan Mosque
4. Maulana Shabir Hussain Rabbani - Madrassa Zia -ul Qur'an
5. Mohammed Saddique Naqshbandi -Jamia Islamia Masjid
6. Maulana Farogue UI Qadri - World Islamic Mission- Masjid Khazra

### **Other**

#### **Muslim Council of Scotland**

Made presentation to Muslim Council of Scotland on the 'pilot' of Qurbani (sacrifice) Food Initiative and they endorsed the website research in that the poor had a right to third of the meat and also that it was permissible for the qurbani meat to be give to non-Muslims

## **HEALTH & SAFETY CONSIDERATIONS 2010**

Due to the nature of the work it was very important to make sure that Initiative met Health & Safety regulations.

Therefore a meeting with Jane Dyer, Team Leader (Environmental Officer) in Land and Environmental Services of Glasgow City Council was arranged. The process of collection and storage of the donated meat was shared with the officer. After deliberation the officer advised the following:

That once meat leaves the butchers premises it is against health and safety regulations to allow that meat to re-enter into the food chain as there is risk of contamination. Also it cannot be for certain tracked back to its origin if anything did go wrong. There was also an issue with transport of meat which requires to be transported in a refrigerated vehicle.

In following this advice changes were made to the original method of meat collection due the good and sound advice received from Land and Environmental Services of Glasgow City Council. All meat was labelled with details of the butcher and collected by the project in a refrigerated vehicle and transported directly to the LHM.

## **ACTIVITIES UNDERTAKEN 2012**

- Re-affirm agreement/protocol between WSREC and partnership organisation (LHM). (attached in Appendix 1)
- Contact with Directors of Snax4u and Awazfm requesting for continued support for the project
- Updated existing project material on the discharging duties of qurbani relevant to Glasgow.
- Leaflets and posters distribution through Mosques and community venues in relation collection of qurbani Meat. (Attached in Appendix 2 and 3)
- Distribute leaflets on the project to stakeholders of partner organisation/s and vice-versa. (appendix 4)
- Carried out a programme of awareness raising measures amongst the Muslim community using local mosques (i.e. Leaflets and posters distribution at butcher's stores (list of butchers at Appendix 5).
- Reminded LHM prohibited ingredient information in the preparation of the meat (Appendix 6)
- Re-affirmed Partner organisation to distribute this meat to its clients via its soup kitchen activity. Advised that the meat was utilised (prepared and distributed to LHM clients) within the 1 weeks of delivery.
- Joint Press Release (Appendix 7)
- Message from Lodging House mission (Appendix 8)

## **SUPPORT**

- Individuals and Muslim community as a whole  
Many people supported the initiative face to face by telephone; email and while on air on the radio station
- Awazfm107.2- Asian community radio
- Mosques
- Halal Butchers
- Snax4U
- Lodging House Mission
- WSREC Board Directors and Staff
- SPMA- assisted with printing of leaflets and the distribution of the same
- Volunteers –from SPMA

## **RESULTS**

- Obtained support from Scottish Police Muslim Association
- Obtained (in kind) refrigerated vehicle (from SNAX4U) for the safe collection of the donated meat
- Obtained support SPMA for a project in Edinburgh for 2013
  
- Meat collections
  - 6 butchers involved in assisting in storing qurbani meat for collection by the Initiative
  - 12 collections made over the 3 days of qurbani
  - 70 kilos of meat was collected and delivered to LHM
  - 5.8 kilos was the average per collection
  - 300+ meals distributed to the poor and needy through LHM

## PROJECT VISUALS



**Adam Razaq- Qurbani project volunteer and Gus McKay, Chaplain, LHM taking delivery of the meat**



**Neil Watton, Day Centre Manager, LHM show bags of donated meat.**

## RECOMMENDATIONS

1. continue the project next year and in subsequent years
2. Consolidate good practice and implement learning from 2012.
3. To increase the number of qurbani's offered to the Initiative
4. To start dialogue with similar organisations to LHM in view to partnership work in the future
5. To obtain funding to resource this work (3 months per year)
6. To encourage the setup of similar initiatives in other cities and towns in Scotland and possibly England

## APPENDIX 1- Joint Working Protocol



West of Scotland Regional Equality Council Ltd



### JOINT-WORKING PROTOCOL

**Agreement:** Joint Working Protocol  
**Services:** Lodging House Mission (LHM), 35 East Campbell Street, G1 5DT  
West of Scotland Regional Equality Council Ltd (WSREC), Napiershall Street  
Centre, 39 Napiershall Street, Glasgow, G20 6EZ  
**Date:** October 2010

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#### INCLUDED

1. PROTOCOL BACKGROUND
2. CLIENT GROUP
3. JOINT WORKING ARRANGEMENTS
4. REVIEW OF JOINT WORKING PROTOCOL

<b>1. Protocol background</b>	<p><b><u>The Lodging House Mission Aim:</u></b></p> <ul style="list-style-type: none"><li>○ To provide a reliable source of free or cheap nutritious food to the homeless, resettling and disadvantaged citizens of Glasgow</li><li>○ To support service users to access mainstream services through engagement with LHM staff and partner organisations</li><li>○ To reduce the harm caused by drug and or alcohol use, exploitation and exclusion amongst service users by providing a safe, welcoming environment and access to basic needs such as food, shelter and personal hygiene facilities</li><li>○ To promote recovery to all LHM service users by signposting to relevant services and organisations (statutory, commissioned and voluntary) and through a range of diversionary activities run by the LHM</li><li>○ To reduce dependence on LHM services wherever possible by encouraging service users to participate and engage in activities/services outwith the homeless community.</li></ul> <p><b><u>West of Scotland Regional Equality Council Ltd Aim:</u></b></p> <p>WSREC's mission statement is: "We see a society free from discrimination".</p> <p><i>[In the successive decades WSREC has developed and influenced services for minority ethnic communities across the West of Scotland to the stage where it has now taken on a multi-equalities and human rights based approach.]</i></p> <p>WSREC aims:</p> <ul style="list-style-type: none"><li>○ To work towards the elimination of discrimination in all of its forms in the West of</li></ul>
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	<p>Scotland;</p> <ul style="list-style-type: none"> <li>○ To reduce inequality and promote a culture of human rights</li> <li>○ To promote good community relations, between people of all communities living in the West of Scotland</li> <li>○ To provide training towards the elimination of discrimination in all of its forms</li> </ul>
<p><b>2. Client Group</b></p>	<p><b>Details of client group</b></p> <p><b>LHM-</b> Rough Sleepers, those in emergency accommodation, those in resettlement accommodation and those at risk of homelessness through drug and or alcohol addiction and enduring mental health issues. Those in longer-term accommodation, who may have their own tenancy, but do not meet the criteria for services or do not engage with services because of a chaotic lifestyle.</p> <p><b>WSREC-</b>Minority ethnic communities across the West of Scotland to tackle inequalities faced by individuals from these communities not only because their ethnic background but also their age, disability status, sexual orientation, gender, religion or belief or martial/civil partnership status.</p>
<p><b>3. Joint Working Arrangements</b></p>	<p><b>Background</b></p> <p><u>Qurbani (Sacrifice) explained</u></p> <p><b>Eid ul-Adha</b> "Festival of Sacrifice" or "Greater Eid" is an important religious holiday celebrated by <a href="#">Muslims</a> worldwide to commemorate the willingness of <a href="#">Abraham</a> (Ibrahim) to sacrifice his son as an act of obedience to <a href="#">God</a>, but instead was able to sacrifice a ram (by God's command).</p> <p>The meat from the sacrifice of Eid ul-Adha is mostly given away to others. One-third is eaten by immediate family and relatives, one-third is given away to friends, <b>and one-third is donated to the poor.</b></p> <p><b><u>WSREC will agree to:</u></b></p> <ul style="list-style-type: none"> <li>○ Encourage Muslims in Glasgow to impart with the one third of the sacrificial meat (earmarked for donating to the poor). During the 3 days of Eid ul-Adha celebrations</li> <li>○ Ensure to the best of its ability to keep separate meat in relation to lamb and beef</li> <li>○ Have the meat ready for collection by LHM at ‘collection point/s’</li> <li>○ Ensure health &amp; safety issues in relation to meat are met before the collection by LHM</li> <li>○ Provide information for a leaflet on the sacrifice to LHM for distribution amongst its stakeholders</li> <li>○ Provide information on prohibited ingredients in relation to storage of and preparing the donated meat</li> </ul> <p><b><u>LHM will Agree to:</u></b></p> <ul style="list-style-type: none"> <li>○ Collect the meat from the ‘collection point/s’ on all and each of the 3 days of Eid ul-Adha</li> <li>○ ensure health &amp; safety issues in relation to meat are met after collection</li> <li>○ Ensure that the donated meat is distributed amongst the ‘poor’</li> <li>○ Distribute amongst recipients of the donated meat leaflet with information on the sacrifice.</li> <li>○ Ensure that prohibited ingredients are NOT used in relation to storage of and preparation of the donated food and that this is strictly adhered to by all its stakeholders.</li> <li>○ Acknowledge the donation in LHM literature and promotional material</li> </ul>
<p><b>4. Review of Joint Working Protocol</b></p>	<p><b><u>Annual Review</u></b></p> <p>West of Scotland Regional Equality Council Ltd and the Lodging House Mission will share statistical information to monitor the effectiveness of the initiative.</p> <p>The managers of both the Lodging House Mission and West of Scotland Regional Equality Council Ltd will meet annually, 3 months before Eid ul-Adha to review outcomes and successes of the joint-working protocol.</p> <p>Changes, amendments and or termination of the joint-working protocol can be made at anytime by mutual agreement between both organisations during the 9 months after Eid ul- Adha celebrations.</p>

**On behalf of WSREC**

**Signature:** \_\_\_\_\_ **Print Name:** Mohammed Razaq  
**Designation:** Executive Director  
**Agreement date:** 13th October 2010  
**Review date:** 1<sup>st</sup> October 2011

**On behalf of LHM**

**Signature:** \_\_\_\_\_ **Print Name:** John Hamilton  
**Designation:** Manager  
**Agreement date:** October 2010  
**Review date:** 1<sup>st</sup> October 2011

## APPENDIX 2-Project Leaflet



West of Scotland Regional Equality Council



### QURBANI (sacrifice) Food Initiative

The Qurbani (sacrifice) Food Initiative is a partnership between West of Scotland Regional Equality Council (WSREC) and Lodging House Mission (LHM).

#### What is Qurbani (sacrifice)?

During the celebration of Eid al-Adha "Festival of Sacrifice", Muslims commemorate the willingness of Abraham (Ibrahim) to sacrifice his son as an act of obedience to God but instead was able to sacrifice a ram (by God's command). (This year Eid ul- Adha is due to be celebrated in November)

The meat from the sacrifice of Eid al-Adha is mostly given away to others. One-third is eaten by immediate family and relatives, one-third is given away to friends, **and one-third is donated to the poor.**

The partnership Initiative is attempting to assist and provide an opportunity for the Muslim community in Glasgow to be able to fulfil its Qurbani obligation of dispersing one 3<sup>rd</sup> of the meat to the poor and needy. Allowing them to practically support the socially excluded communities of the city at the same time.

Initiative aims:

1. Enhance good community relations between stakeholders of Lodging House Mission and the Muslim community in Glasgow
2. Muslim community is more aware of discharging their duties and have increased opportunity to do so in relation to Qurbani
3. Increased opportunities for Muslim community to support the socially excluded communities
4. Positive information exchange and interfaith understanding between Muslim and indigenous community in particular the poorer members of Glasgow society
5. Develop partnerships with organisations working at grass roots level with destitute individuals in Glasgow

To support the Initiative: Please leave the appropriate share of your Qurbani meat at your local butcher and contact the West of Scotland Regional Equality Council, with your name, phone number, and details of your butcher to: -

**Mohammed Razaq**  
Executive Director  
Mob: 07939 520496  
Email: [mrazaq@wsrec.co.uk](mailto:mrazaq@wsrec.co.uk)



# QURBANI 2012

Are you looking for ways to fulfil your Qurbani obligation by dispersing meat to the poor in Glasgow???

**If yes**, then you can take up the opportunity by assisting with the distribution to an organisation where food is prepared and served to the poor and destitute.

## TO SUPPORT THE INITIATIVE

Please leave the appropriate share of your Qurbani meat at your local butcher and contact the West of Scotland Regional Equality Council, with your name, phone number, and details of your butcher, using the contact details below:

Mohammed Razaq

Mobile: 07939520496

e-mail: [mrzaq@wsrec.co.uk](mailto:mrzaq@wsrec.co.uk)

If you have any queries or need further information please do not hesitate to contact: Mohammed Razaq on the above:

West of Scotland Regional Equality Council in partnership with Lodging House Mission (LHM) where support is provided to the homeless and needy of Glasgow through soup kitchens



## APPENDIX 4- Recipient (Client) Leaflet



### **QURBANI (sacrifice) Food Initiative**

The Qurbani (sacrifice) Food Initiative is a partnership between West of Scotland Regional Equality Council (WSREC) and Lodging House Mission (LHM).

#### What is Qurbani (sacrifice)?

During the celebration of Eid Ul-Adha "Festival of Sacrifice", Muslims commemorate the willingness of Abraham (Ibrahim) to sacrifice his son (Ismail) as an act of obedience to God but instead was able to sacrifice a ram (by God's command).

The meat from the sacrifice of Eid Ul-Adha is mostly given away to others. One-third is eaten by immediate family and relatives, one-third is given away to friends, and one-third is donated to the poor.

**The meat content of the meal that you are/have been served today has been provided by individuals from the Muslim community in Glasgow**

**Due to the respect given to sacrificial meat it is important that it is fully consumed.**

If you have any queries or need further information please contact:

**Mohammed Razaq**  
WSREC  
Napiershall Street  
Glasgow, G20 6EZ  
0141 337 6626 or  
e-mail: [mrazaq@wsrec.co.uk](mailto:mrazaq@wsrec.co.uk)  
website: [www.wsrec.co.uk](http://www.wsrec.co.uk)

**Neil Watton**  
Lodging House Mission  
35 East Campbell Street  
Glasgow, G1 5DT  
Tel: 0141 552 0285  
e-mail: [neil.watton@lhm-glasgow.org.uk](mailto:neil.watton@lhm-glasgow.org.uk)

## APPENDIX 5- List of Halal Butchers



### Halal Butchers in Glasgow November 2011

#### SOUTHSIDE of Glasgow

1. **Jeddah Store:**143 Allison Street, Glasgow, G42
2. **Faisal Food Store/Jeddah Food:**168-170 Allison Street, Glasgow, G42 8RR
3. **Watan Store:** 206 Allison Street, Glasgow, G42 8RS-
4. **Makka Foodstore:** 207 Allison Street, Glasgow, G42
5. **A A Continental Food Stores:** 211-213 Allison Street, GlasgowG42 8RU
6. **SABIR Fruit Corner:** 231 Allison Street, GlasgowG42
7. **Madni Halal Foods:** 252 Allison Street, Glasgow, G42
8. **Nafees Halal Meat:** 261 Allison Street, GlasgowG42
9. **K+Z Halal Meat:** 290 Allison Street, Glasgow, G42
10. **Faisal FoodStore:**302 Allison Street, Glasgow, G42 8HA
11. **Punjab Food Store:**238 Albert Drive, Glasgow, G41
12. **Amin Halal:**265 Allison Street, Glasgow, G42 8HB
13. **Abduls Halal Butchers:**121 Albert Drive, Glasgow, G41
14. **M Ali and Brothers:** 168 Albert Drive , Glasgow , G41
15. **Al Hamra Foodstore:** 250-252 Albert Drive , Glasgow G41 2NL
16. **Strawberry +Spice Garden:** 198-204 Maxwell Road, Glasgow, G41
17. **Gulmarg Store:** 249 Maxwell Road, Glasgow, G41 1TE
18. **Pak-Halal:** 265-267 Maxwell Road, Glasgow, G41 1TE
19. **Super Asia:** 326 Pollokshaws Road, Glasgow, G41 1SE
20. **Bismillah Butchers:** 255 Maxwell Road, Glasgow, G41
21. **Al Noor:** 275 Maxwell Road, Glasgow, G41
22. **Data Halal Meat:** 295 Maxwell Road, Glasgow, G41
23. **Minar:** 313 Maxwell Road, Glasgow, G41
24. **Kashmir Stores:** 469-471 Eglington Street, Glasgow, , G5 9RU
25. **Super Food Store:** 244 Paisley Rd West, Glasgow, G51 1BU
26. **Halal Meat Shop:** 224 Paisley Rd West, Glasgow, G51 1BU
27. **Data Halal Meat:** The Quay Paisley Road, Glasgow G5 8NP

#### NORTH of Glasgow

28. **Madina Food Store:** 212 Woodlands Road, Glasgow, G3 6LN
29. **KRK Continental Store:** 286-288 Woodlands Road, Glasgow, G3 6NE
30. **El-Baraka:** 333-335 Great Western Road, Glasgow, G4 9HS
31. **Badr Halal Butchers:** 151 Maryhill Road, Glasgow G20 7XL G20
32. **An Noor Store:** 269 Great Western Road, Glasgow G4 9EG
33. **Sham Gate Halal Butcher:** 85 Bridge gate, Glasgow G1

## APPENDIX 6- Guide to Prohibited Ingredients



### A Guide to Prohibited Ingredients

by **HALAL FOUNDATION-** (Islamic Food and Nutrition Council of America. P.O. Box 425, Bedford Park, IL 60499)

*[Disclaimer : This list was prepared by the organisation mentioned above. Cookeryonline is not able nor qualified to make any fatawas (decisions) on Halal or Haram. Any questions should be addressed to the Halal Foundation or some other qualified individual(s).]*

#### Instructions

For a product to be Halal (lawful) for Muslim consumption all its ingredients should be Halal. Follow the following list below on **Appendix 1**:

1. Read the ingredients on label carefully. Ingredients are listed according to the amounts present. The first ingredient listed is present in the largest amount.
2. Identify the Halal/Haram status of each ingredient using this guide.
3. Search the ingredient name in the list and its status will be next to it.
4. If all ingredients of a product are Halal, the product is fit for Muslim consumption.
5. If any of the ingredients is Haram, the product should not be consumed.

#### Glossary:

**Halal:** Halal is a Quranic term which means allowed or lawful. Halal foods and drinks are permitted for consumption for Muslims

**Haram:** Haram is a Quranic term which means prohibited or unlawful. Eating Haram is forbidden for every Muslim.

<http://www.cookeryonline.com/Vegetarian/halal.html>

#### **PROHIBITED INGREDIENTS (Haraam)**

Haraam is opposite of Halal, means unlawful, again it is an Arabic word. Muslims are prohibited to consume Haraam food products made from Haraam ingredients.

1. Haraam ingredients from alcohol beverages: Beer, Beer flavour, Rum Flavour, Hard Cider, Beer Batter, Soy Sauce (Naturally brewed), Wine, Pure Alcohol as a Natural Flavour, Vanilla Extract containing alcohol.
2. Haraam ingredients from Human body: L-Cysteine from human hair.
3. Haraam ingredients from Pig: Bacon, Ham, Gelatin, Enzymes, Marshmallow (pig Gelatin), Vitamins.

4. Grain/plant based ingredients with pig based carrier: Beta carotene (pig Gelatin) and BHA/BHT (pig based carrier).
5. Dairy ingredients made from pork enzymes and culture media: Caseinates, Lactose, Whey.
6. Ingredients made from pork fat: Lard, Mono & diglycerides, Sodium Stearoyl Lactylate, DATEM, Polysorbate 60 or 80.

### **Allowed Ingredients (HALAL)**

Halal an Arabic word means lawful. Muslims all over the world are required to eat only Halal foods (foods allowed to eat according to Islamic dietary laws) made from Halal ingredients (only those law full food ingredients allowed under Islamic dietary laws).

1. Grain/Plant based ingredients: Baker's yeast, Baker's yeast extract, Beta Carotene (if vegetable oil is used as a carrier that is not gelatin), Microbial rennet, Chocolate liquor, Glycerin (plant and Halal synthetic source), Torula yeast (if grown on sugar cane not on liquor) and All purpose soy sauce.
2. Mineral, chemical, synthetic (Halal certified) based ingredients: Artificial Flavour (made from Halal ingredients without alcohol), BHA and BHT(only if vegetable oil is used as a carrier) and vanillin (from Halal synthetic source).
3. Dairy Ingredients (made with Halal enzymes and Halal culture media): Acid Casein, Buttermilk solids, Caseinates, cheese powder, Lactose, Whey and Whey protein concentrate.

Ingredients made from plant fat (Halal certified): Stearates, Sodium Stearoyl Lactylate, DATEM, Mono & Di Glycerides, Ethoxylated Mono & Di Glycerides, Lecithin, Enzyme Modified Lecithin( Halal certified), Margarine, Polysorbate 60 or 80, Sorbitan Monostearates and Tocopherol.

<http://special.worldofislam.info/Food/types.html>

## APPENDIX 1

<u>Ingredient</u>	<u>Status</u>
Acetic Acid	Allowed
<b>Alcohol</b>	<b>Prohibited</b>
Ammonium Sulfate	Allowed
Ammonium Chloride	Allowed
<b>Animal Fat</b>	<b>Prohibited</b>
<b>Animal Shortening</b>	<b>Prohibited</b>
Ascorbic Acid	Allowed
Aspartame	Allowed
<b>Bacon (Pork)</b>	<b>Prohibited</b>
Benzoate/Benzoic Acid	Allowed
BHA	Allowed
BHT	Allowed
Calcium Carbonate	Allowed
Calcium Sulfate	Allowed
Carrageenan	Allowed
<b>Cholesterol</b>	<b>Prohibited</b>
Citric Acid	Allowed
Cocoa Butter	Allowed
<b>Collagen (Pork)</b>	<b>Prohibited</b>
Corn Meal / Corn Starch	Allowed
Corn Syrup	Allowed
Dextrin / Dextrose	Allowed
Dicalcium Phosphate	Allowed
<b>Diglyceride</b>	<b>Prohibited</b>
Diglyceride (plant)	Allowed
EDTA	Allowed
<b>Enzyme</b>	<b>Prohibited</b>
Ergocalciferol	Allowed
Ergosterol	Allowed
<b>Ethoxylated Mono-/Di Glyceride</b>	<b>Prohibited</b>
<b>Fatty Acid</b>	<b>Prohibited</b>
Ferrous Sulfate	Allowed
Fructose	Allowed
Fungal Protease Enzyme	Allowed
<b>Gelatin / Kosher Gelatin</b>	<b>Prohibited</b>
Glucose	Allowed
<b>Glyceride</b>	<b>Prohibited</b>
<b>Glycerol / Glycerin</b>	<b>Prohibited</b>
<b>Glycerol Stearate</b>	<b>Prohibited</b>
<b>Glycogen</b>	<b>Prohibited</b>
Gum Acacia	Allowed
<b>Hormones</b>	<b>Prohibited</b>
Hydrogenated Oil	Allowed
<b>Hydrolyzed Animal Protein</b>	<b>Prohibited</b>
Hydrolyzed Vegetable	Allowed

Protein	
<b>Lard</b>	<b>Prohibited</b>
Leavenings	Allowed
Lecithin (commercial)	Allowed
Malt	Allowed
Malto Dextrin	Allowed
Molases	Allowed
Monocalcium Phosphate	Allowed
Mono Saccharides	Allowed
<b>Monoglycerides</b>	<b>Prohibited</b>
MSG (Monosodium Glutamate)	Allowed
Nitrates / Nitrites	Allowed
Nonfat Dry Milk	Allowed
Oxalic Acid	Allowed
PABA	Allowed
Vegetable Oil	Allowed
Partially Hydrogenated Vegetable Oil	Allowed
Pectic Materials	Allowed
Pectin	Allowed
<b>Pepsin</b>	<b>Prohibited</b>
<b>Phospholipid</b>	<b>Prohibited</b>
Phosphoric Acid	Allowed
<b>Pork</b>	<b>Prohibited</b>
Potassium Benzoate	Allowed
Potassium Bromate	Allowed
Potassium Citrate	Allowed
Propionate	Allowed
Propionic Acid	Allowed
<b>Renin / Rennet</b>	<b>Prohibited</b>
Saccharine	Allowed
Salt	Allowed
<b>Shortening</b>	<b>Prohibited</b>
Soy Protein	Allowed
Soybean Oil	Allowed
Sucrose	Allowed
Tapioca	Allowed
Tricalcium Phosphate	Allowed
Vinegar	Allowed
<b>Whey</b>	<b>Prohibited</b>
Yeast	Allowed

<http://www.cookeryonline.com/Vegetarian/halal.html>

## APPENDIX 7- Press Release



West of Scotland Regional Equality Council Ltd



Lodging House Mission

### **Positive Partnership allows Glasgow Muslims to support the vulnerable and the excluded communities in the city continues!**

***“If you can't feed a hundred people, then feed just one” Mother Teresa***

It was with this famous quote in mind that the Qurbani (Sacrifice) Food Initiative project has continued from November 2010. A result of which, a positive partnership goes from strength to strength between West of Scotland Regional Equality Council (WSREC) and Lodging House Mission (LHM) to help the destitute communities in Glasgow during the celebration of Eid Ul-Adha "Festival of Sacrifice."

Qurbani means sacrifice in Arabic and the celebration of Eid Ul-Adha commemorates the willingness of Abraham (Ibrahim) to sacrifice his son (Ismail) as an act of obedience to God however found in place a ram which was sacrificed instead. This celebration takes part during the month of Zul Hajj when millions of Muslims pilgrimage to Mecca. Celebration of Eid Ul-Adha therefore includes families sacrificing animals and distributing the meat.

The meat from the sacrifice of Eid Ul-Adha is mostly given away to others. One-third is eaten by immediate family and relatives, one-third is given away to friends, and one-third is donated to the poor. In the past, it has been difficult to distribute to the poor in Glasgow; due to health and safety issues and a lack of awareness which resulted in families offering sacrifices in other parts of the world with the understanding that the meat would be distributed accordingly.

The set up of the Qurbani (Sacrifice) Food Initiative continues to change and for the second year running Glasgow's Muslim community have come to support some of the most vulnerable and excluded communities with sacrificial meat amounting to **70 kilos**. This translates to over 300 meals for the client group of the LHM – ***A great success!***

***“The food of one person suffices two, the food of two people will suffice four people and the food of 4 people will suffice eight” Jabir Bin Abdulla***

**Mohammed Razaq (Executive Director) of WSREC** said *“it is a fantastic feeling to see the positive results of a project. I am overwhelmed by the support given by the Muslim community, individuals and organisations, and in particular once again by Awaz FM (local Asian radio station) in helping raise awareness in the community, majority of Glasgow's Halal butchers who put aside the meat and packed it for pick up, Mr Shezad Hussain/Mr Ehsan Ul Haq from Snax4u whose valuable input on the*

*day allowed us to deliver to LHM, Scottish Police Muslim Association for their support in printing and distributing leaflets and not to forgetting our many volunteers”*

This initiative is leading to positive information exchange and interfaith understanding between the Muslim and indigenous communities in particular the more vulnerable members of Glasgow society. Furthermore it has the potential for enhanced good community relations between stakeholders of Lodging House Mission and the Muslim Community in Glasgow

**Nail Watton (Project Leader) stated** *“I would like to extend a warm thank you once again to Glasgow’s Muslim community for their generosity and kindness. We are grateful once again to receive the meat from the sacrifice of Eid ul-Adha for the third year running. Last year we served over 32,000 lunches to some of Glasgow’s most disadvantaged citizens. The Qurbani initiative has helped us continue to provide this much needed service. The work of the LHM relies heavily on donations and partnerships and we are delighted to continue our positive relationship with WSREC. It has brought about a greater understanding between faiths we work with and enhanced the knowledge between the communities.”*

Project a success the initiative will be running annually around the time of Eid Ul-Adha which will go from strength to strength in supporting homeless & vulnerable individuals of Glasgow.

Quotes from LHM clients

*“I visited the Mosque last year and found it a very peaceful and pleasant experience. The lamb we received once again was delicious and cooked to perfection” David 54*

*“I wasn’t sure about the Lamb as I had never tried it before, but I must say it was so tasty and tender, when will it be on the menu again” Steven 23*

**END OF PRESS RELEASE**

For more information, please contact

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Project supported by



**APPENDIX 8- thank you message from Nail Watton, Manager at LHM**

I would like to extend a warm thank you once again to Glasgow’s Muslim community for their generosity and kindness. We are grateful once again to receive the meat from the sacrifice of Eid ul-Adha for the third year running. Last year we served over 32,000 lunches to some of Glasgow’s most disadvantaged citizens. The Qurbani initiative has helped us continue to provide this much needed service. The work of the LHM relies heavily on donations and partnerships and we are delighted to continue our positive relationship with WSREC. It has brought about a greater understanding between faiths we work with and enhanced the knowledge between the communities.

I would also like to thank you once again for your continued support and look forward to increasing our partnerships in the future.

Kind regards

Neil

