



West of Scotland Regional Equality Council

(WSREC)

Qurbani (Sacrifice) Food Initiative

Report 2010

By

Mohammed Razaq
Executive Director

December 2010

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BACKGROUND

The idea for the Qurbani Food Initiative (QFI) came from a member of staff of WSREC who being a Muslim offered Qurbani (sacrifice) in 2009 for the first time in Glasgow.

This is explained as follows; during the celebration of Eid al-Adha "Festival of Sacrifice", Muslims commemorate the willingness of Abraham (Ibrahim) to sacrifice his son as an act of obedience to God but instead was able to sacrifice a ram (by God's command).

The meat from the sacrifice of Eid al-Adha is mostly given away to others. One-third is eaten by immediate family and relatives, one-third is given away to friends, and one-third is donated to the poor and needy.

This led him to feel that he did not fulfil the obligations of giving one third of the sacrificial meat to the poor and needy. This was due in part not quite knowing who or how to impart with the one third for the poor and needy.

After pondering how to make things right he started to think about the poor and needy who used soup kitchens in Glasgow i.e. Salvation Army etc.

Working for WSREC he realised the potential for good community relations in making the Muslim community aware of how they could meet their obligations and also the rightful beneficiaries receiving the meat.

After some initial research and assistance of WSREC staff, the Board of Directors agreed to a 'pilot' to be undertaken.

EXECUTIVE SUMMARY

WSREC Board of Directors agreed to a 'pilot' of The Qurbani (sacrifice) Food Initiative. It was felt that the initiative if successful would enhance good community relations in Glasgow. Along with assisting the Muslim community to fulfil its obligations in relation to qurbani and at the same time be a benefit to the poor and needy of Glasgow.

Due to the importance of qurbani it was very vital to confirm that Islam allowed sacrificial meat to be distributed to the poor and destitute and in particular to non-Muslims

A website research was carried out. Eight (8) websites were identified that provided the relevant information, 88% of these indicated that the poor had a right to a third of the meat. Secondly advice from Imams of six (6) major mosques in Glasgow was sought, All (6) of the Imams indicated that the poor had a right to a third of the meat and four (4) agreed that it was permissible for the qurbani meat to be give to non-Muslims..

Due to health & safety considerations changes were made to the original method of meat collection this good and sound advice received was from Land and Environmental Services of Glasgow City Council.

The main activities undertaken were: Desktop research; face to face meetings with community members, meetings with Imams of Glasgow Mosques, all this to determine their views on qurbani as well as its distribution. Meetings with Directors of Snax4u and Awazfm to obtain support for the project agreement/protocol between WSREC and partnership organisation (LHM); carried out a programme of awareness raising measures amongst the Muslim community using local mosques, leaflets and posters and local radio. Also Information exchange between both communities through leaflets and partner organisation distributing donated meat to its client group.

Support for the initiative came from Individuals and the Muslim community as a whole. Awazfm107.2- Asian Community Radio; Mosques; Halal Butchers; LES of Glasgow City Council and other organisations including Snax4U, Lodging House Mission and WSREC Board Directors and Staff

The result of the pilot was a great success; 9 Butchers involved in assisting in storing qurbani meat; 23 collections made over the 3 days of qurbani; 180 kilos of meat was collected and delivered to LHM

Recommendations

To carry out the Initiative next year and in subsequent years
Consolidate good practice and implement learning from 'pilot'.
To increase the number of qurbani's offered to the Initiative
To start dialogue with similar organisations to LHM in view to partnership work in the future
To obtain funding to resource this work (3 months per year)

To encourage the setup of similar initiatives in other cities and towns in Scotland and possibly England

PROJECT AIMS AND OBJECTIVES

- Partnerships are developed with organisations working at grass roots level with destitute individuals in Glasgow
- Muslim community is more aware of discharging their obligations and have increased opportunity to do so in relation to qurbani
- Positive information exchange and interfaith understanding between Muslim and indigenous community in particular the poorer members of Glasgow society
- Increased opportunities for Muslim Community to support the socially excluded communities
- Enhance good community relations between stakeholders of Lodging House Mission and the Muslim Community in Glasgow

RESEARCH ACTIVITY

Due to the importance of qurbani it was very vital to confirm that Islam allowed sacrificial meat to be distributed to the poor and destitute and in particular to non-Muslims

Website research

Firstly a website research was carried out. Eight (8) websites were identified that provided the relevant information, which led to the following result.

Seven (7) of these websites had information that indicated that the poor had a right to a third of the meat and also that it was permissible for the qurbani meat to be given to non-Muslims and one (1) did not agree- these websites are noted below:

1. http://qa.sunnipath.com/issue_view.asp?HD=1&ID=4748&CATE=175
3. http://qurbaniservices.com/Qurbani_Ruling.htm
4. <http://www.darulihsan.com>
5. <http://www.islamawareness.net>
6. <http://www.darulifta-deoband.com/index.jsp>
7. <http://darulifta-deoband.org/viewfatwa.jsp?ID=15070>
<http://faizulislamhyd.org>
8. <http://www.nooremadinah.net>

Imams of Mosques In Glasgow

Secondly advice from Imams of six (6) major mosques in Glasgow was sought, which led to the following result.

All (6) of the Imams mentioned below indicated that the poor had a right to a third of the meat and four (4) agreed that it was permissible for the qurbani meat to be given to non-Muslims:

1. Maulana Hafiz Habib Ur Rehman -Central Mosque

2. Imam Aslam / Mr Mohammed Saleem- Madrassa Taleem UI Islam
3. Imam, Abid Shah - Al Furqan Mosque
4. Maulana Abdul Rabbani- Madrassa Zia -ul Qur'an
5. Maulana Saddique Naqshbandi-Jamia Islamia Masjid
6. Maulana Farogue UI Qadri- World Islamic Mission- Masjid Khazra

Other

Muslim Council Scotland

Made presentation to Muslim Council of Scotland on the 'pilot' of Qurbani (sacrifice) Food Initiative and they endorsed the website research in that the poor had a right to third of the meat and also that it was permissible for the qurbani meat to be give to non-Muslims

HEALTH & SAFETY CONSIDERATIONS

Due to the nature of the work it was very important to make sure that Initiative met Health & Safety regulations.

Therefore a meeting with Jane Dyer, Team Leader (Environmental Officer) in Land and Environmental Services of Glasgow City Council was arranged. The process of collection and storage of the donated meat was shared with the officer. After deliberation the officer advised the following:

That once meat leaves the butchers premises it is against health and safety regulations to allow that meat to re-enter into the food chain as there is risk of contamination. Also it cannot be for certain tracked back to its origin if anything did go wrong. There was also an issue with transport of meat which requires to be transported in a refrigerated vehicle.

In following this advice changes were made to the original method of meat collection due the good and sound advice received from Land and Environmental Services of Glasgow City Council. All meat was labelled with details of the butcher and collected by the project in a refrigerated vehicle and transported directly to the LHM.

ACTIVITIES

- Contacted organisations in Glasgow who provide free meals to the needy in view to partnership work to distribute the qurbani meat to its client group.
- Desktop research about qurbani undertaken
- Meetings with Imams of Glasgow Mosques to determine their views on qurbani and its distribution.
- Draw up an agreement/protocol between WSREC and partnership organisation (LHM). (attached in Appendix 1)
- Meetings with Directors of Snax4u and Awazfm to obtain support for the project
- Prepared material on the discharging duties of qurbani relevant to Glasgow.
- Leaflets and posters distribution through Mosques and community venues in relation collection of qurbani Meat. (Attached in Appendix 2 and 3)
- Distribute leaflets on the project to stakeholders of partner organisation/s and vice-versa. (appendix 4)

- Carried out a programme of awareness raising measures amongst the Muslim community using local mosques (i.e. Leaflets and posters distribution at butcher's stores (list of butchers at Appendix 5).
- Prepared and made available to LHM prohibited ingredient information in the preparation of the meat (Appendix 6)
- Partner organisation/s to distribute this meat to its clients via its soup kitchen activity. Advised that the meat was utilised (prepared and distributed to LHM clients) within the 2 weeks of delivery.
- Joint Press Release (Appendix 7)

SUPPORT

- Individuals and Muslim community as a whole
Many people supported the initiative face to face by telephoned; email and while on air on the radio station
- Awazfm107.2- Asian community radio
- Mosques
- Halal Butchers
- LES of Glasgow City Council
- Snax4U
- Lodging House Mission
- WSREC Board Directors and Staff
- Volunteers

RESULTS

- Recruited Volunteers (2)
- Obtained (free) refrigerated vehicle (from SNAX4U) for the safe collection of the donated meat
- Change in collection methods after Health & Safety advice from (LES) Glasgow City Council

As pointed out earlier the method of collection was changed to meet Health Safety advice from Glasgow City Council's, Health Officer

- Meat collections
 - 9 butchers involved in assisting in storing qurbani meat for collection by the Initiative
 - 23 collections made over the 3 days of qurbani
 - 180 kilos of meat was collected and delivered to LHM
 - 8 kilos was the average per collection
 - 1000+ meals distributed to the poor and needy through LHM

PROJECT VISUALS

Delivery of the donated meat being made to Lodging House Mission



John Hamilton Development Manager Lodging House Mission and Mohamed Razaq Executive Director, West of Scotland Regional Equality Council.



John Hamilton and Mohamed Razaq show bags of donated meat stored in the freezer.

RECOMMENDATIONS

1. To carry out the Initiative next year and in subsequent years
2. Consolidate good practice and implement learning from 'pilot'.
3. To increase the number of qurbani's offered to the Initiative
4. To start dialogue with similar organisations to LHM in view to partnership work in the future
5. To obtain funding to resource this work (3 months per year)
6. To encourage the setup of similar initiatives in other cities and towns in Scotland and possibly England

APPENDIX 1- Joint Working Protocol



West of Scotland Regional Equality Council Ltd



JOINT-WORKING PROTOCOL

Agreement: **Joint Working Protocol**
Services: Lodging House Mission (**LHM**), 35 East Campbell Street, G1 5DT
 West of Scotland Regional Equality Council Ltd (**WSREC**),
 Napiershall Street Centre, 39 Napiershall Street, Glasgow, G20 6EZ
Date: **October 2010**

INCLUDED

1. **PROTOCOL BACKGROUND**
2. **CLIENT GROUP**
3. **JOINT WORKING ARRANGEMENTS**
4. **REVIEW OF JOINT WORKING PROTOCOL**

<p>1. Protocol background</p>	<p><u>The Lodging House Mission Aim:</u></p> <ul style="list-style-type: none"> ○ To provide a reliable source of free or cheap nutritious food to the homeless, resettling and disadvantaged citizens of Glasgow ○ To support service users to access mainstream services through engagement with LHM staff and partner organisations ○ To reduce the harm caused by drug and or alcohol use, exploitation and exclusion amongst service users by providing a safe, welcoming environment and access to basic needs such as food, shelter and personal hygiene facilities ○ To promote recovery to all LHM service users by signposting to relevant services and organisations (statutory, commissioned and voluntary) and through a range of diversionary activities run by the LHM ○ To reduce dependence on LHM services wherever possible by encouraging service users to participate and engage in activities/services outwith the homeless community. <p><u>West of Scotland Regional Equality Council Ltd Aim:</u></p> <p>WSREC's mission statement is: "We see a society free from discrimination".</p> <p><i>[In the successive decades WSREC has developed and influenced services for minority ethnic communities across the West of Scotland to the stage where it has now taken on a multi-equalities and human rights based approach.]</i></p> <p>WSREC aims:</p> <ul style="list-style-type: none"> ○ To work towards the elimination of discrimination in all of its forms in the West of
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	<p>Scotland;</p> <ul style="list-style-type: none"> ○ To reduce inequality and promote a culture of human rights ○ To promote good community relations, between people of all communities living in the West of Scotland ○ To provide training towards the elimination of discrimination in all of its forms
2. Client Group	<p>Details of client group</p> <p>LHM- Rough Sleepers, those in emergency accommodation, those in resettlement accommodation and those at risk of homelessness through drug and or alcohol addiction and enduring mental health issues. Those in longer-term accommodation, who may have their own tenancy, but do not meet the criteria for services or do not engage with services because of a chaotic lifestyle.</p> <p>WSREC-Minority ethnic communities across the West of Scotland to tackle inequalities faced by individuals from these communities not only because their ethnic background but also their age, disability status, sexual orientation, gender, religion or belief or martial/civil partnership status.</p>
3. Joint Working Arrangements	<p>Background <u>Qurbani (Sacrifice) explained</u> Eid ul-Adha "Festival of Sacrifice" or "Greater Eid" is an important religious holiday celebrated by Muslims worldwide to commemorate the willingness of Abraham (Ibrahim) to sacrifice his son as an act of obedience to God, but instead was able to sacrifice a ram (by God's command).</p> <p>The meat from the sacrifice of Eid ul-Adha is mostly given away to others. One-third is eaten by immediate family and relatives, one-third is given away to friends, and one-third is donated to the poor.</p> <p><u>WSREC will agree to:</u></p> <ul style="list-style-type: none"> ○ Encourage Muslims in Glasgow to impart with the one third of the sacrificial meat (earmarked for donating to the poor). During the 3 days of Eid ul-Adha celebrations ○ Ensure to the best of its ability to keep separate meat in relation to lamb and beef ○ Have the meat ready for collection by LHM at ‘collection point/s’ ○ Ensure health & safety issues in relation to meat are met before the collection by LHM ○ Provide information for a leaflet on the sacrifice to LHM for distribution amongst its stakeholders ○ Provide information on prohibited ingredients in relation to storage of and preparing the donated meat <p><u>LHM will Agree to:</u></p> <ul style="list-style-type: none"> ○ Collect the meat from the ‘collection point/s’ on all and each of the 3 days of Eid ul-Adha ○ ensure health & safety issues in relation to meat are met after collection ○ Ensure that the donated meat is distributed amongst the ‘poor’ ○ Distribute amongst recipients of the donated meat leaflet with information on the sacrifice. ○ Ensure that prohibited ingredients are NOT used in relation to storage of and preparation of the donated food and that this is strictly adhered to by all its stakeholders. ○ Acknowledge the donation in LHM literature and promotional material
4. Review of Joint Working Protocol	<p><u>Annual Review</u> West of Scotland Regional Equality Council Ltd and the Lodging House Mission will share statistical information to monitor the effectiveness of the initiative.</p> <p>The managers of both the Lodging House Mission and West of Scotland Regional Equality Council Ltd will meet annually, 3 months before Eid ul-Adha to review outcomes and successes of the joint-working protocol.</p> <p>Changes, amendments and or termination of the joint-working protocol can be made at anytime by mutual agreement between both organisations during the 9 months after Eid ul- Adha</p>

celebrations.

On behalf of WSREC

Signature: _____ **Print Name:** Mohammed Razaq
Designation: Executive Director
Agreement date: 13th October 2010
Review date: 1st October 2011

On behalf of LHM

Signature: _____ **Print Name:** John Hamilton
Designation: Manager
Agreement date: October 2010
Review date: 1st October 2011

APPENDIX 2-Project Leaflet



West of Scotland Regional Equality Council



QURBANI (sacrifice) Food Initiative

The Qurbani (sacrifice) Food Initiative is a partnership between West of Scotland Regional Equality Council (WSREC) and Lodging House Mission (LHM).

What is Qurbani (sacrifice)?

During the celebration of Eid al-Adha "Festival of Sacrifice", Muslims commemorate the willingness of Abraham (Ibrahim) to sacrifice his son as an act of obedience to God but instead was able to sacrifice a ram (by God's command). (This year Eid ul-Adha is due to be celebrated in November)

The meat from the sacrifice of Eid al-Adha is mostly given away to others. One-third is eaten by immediate family and relatives, one-third is given away to friends, **and one-third is donated to the poor.**

The partnership Initiative is attempting to assist and provide an opportunity for the Muslim community in Glasgow to be able to fulfil its Qurbani obligation of dispersing one 3rd of the meat to the poor and needy. Allowing them to practically support the socially excluded communities of the city at the same time.

Initiative aims:

1. Enhance good community relations between stakeholders of Lodging House Mission and the Muslim community in Glasgow
2. Muslim community is more aware of discharging their duties and have increased opportunity to do so in relation to Qurbani
3. Increased opportunities for Muslim community to support the socially excluded communities
4. Positive information exchange and interfaith understanding between Muslim and indigenous community in particular the poorer members of Glasgow society
5. Develop partnerships with organisations working at grass roots level with destitute individuals in Glasgow

To support the Initiative: Please leave the appropriate share of your Qurbani meat at your local butcher and contact the West of Scotland Regional Equality Council, with your name, phone number, and details of your butcher to: -
Mohammed Razaq, Tel: 0141 337 6626, Mob: 07939520496 or e-mail: mrzaq@wsrec.co.uk

If you have any queries or need further information please contact Mohammed Razaq.



QURBANI 2010

Are you looking for ways to fulfil your Qurbani obligation by dispersing meat to the poor in Glasgow???

If yes, then you can take up the opportunity by assisting with the distribution to an organisation where food is prepared and served to the poor and destitute.

TO SUPPORT THE INITIATIVE

Please leave the appropriate share of your Qurbani meat at your local butcher and contact the West of Scotland Regional Equality Council, with your name, phone number, and details of your butcher, using the contact details below:

Mohammed Razaq

Telephone: 0141 337 6626

Mobile: 07939520496

Or

e-mail: mrazaq@wsrec.co.uk

If you have any queries or need further information please do not hesitate to contact Mohammed Razaq on the above:

APPENDIX 4- Recipient (Client) Leaflet



QURBANI (sacrifice) Food Initiative

The Qurbani (sacrifice) Food Initiative is a partnership between West of Scotland Regional Equality Council (WSREC) and Lodging House Mission (LHM).

What is Qurbani (sacrifice)?

During the celebration of Eid Ul-Adha "Festival of Sacrifice", Muslims commemorate the willingness of Abraham (Ibrahim) to sacrifice his son (Ismail) as an act of obedience to God but instead was able to sacrifice a ram (by God's command).

The meat from the sacrifice of Eid Ul-Adha is mostly given away to others. One-third is eaten by immediate family and relatives, one-third is given away to friends, and one-third is donated to the poor.

The meat content of the meal that you are/have been served today has been provided by individuals from the Muslim community in Glasgow

Due to the respect given to sacrificial meat it is important that it is fully consumed.

If you have any queries or need further information please contact:

Mohammed Razaq
WSREC
Napiershall Street
Glasgow, G20 6EZ
0141 337 6626 or
e-mail: mrazaq@wsrec.co.uk
website: www.wsrec.co.uk

John Hamilton
Lodging House Mission
35 East Campbell Street
Glasgow, G1 5DT
Tel: 0141 552 0285
e-mail: john.hamilton@lhm-glasgow.org.uk

APPENDIX 5- List of Halal Butchers



Halal Butchers in Glasgow November 2010

SOUTHSIDE of Glasgow

1. **Jeddah Store**-143 Allison Street, Glasgow, Lanarkshire, G42
2. **Faisal Food Store/Jeddah Food**-168-170 Allison Street, Glasgow, G42 8RR
3. **Makka Foodstore**-207 Allison Street, Glasgow, Lanarkshire, G42
4. **A A Continental Food Stores**-211-213 Allison Street, Glasgow, Lanarkshire, G42 8RU
5. **Watan Store**-212 Allison Street, Glasgow, G42 8RS
6. **Sabir Fruit Corner**- 231 Allison Street, Glasgow, Lanarkshire, G42
7. **Madni Halal Foods** -252 Allison Street, Glasgow, Lanarkshire, G42
8. **Nafees Halal Meat**- 261 Allison Street, Glasgow, Lanarkshire, G42
9. **K+Z Halal Meat**- 290 Allison Street, Glasgow, Lanarkshire, G42
10. **Faisal FoodStore**- 302 Allison Street, Glasgow, Lanarkshire, G42 8HA-
11. **Punjab Food Store**- 238 Albert Drive, Glasgow, Lanarkshire, G41
12. **Amin Halal**- 265 Allison Street, Glasgow, Lanarkshire, G42 8HB
13. **Abduls Halal Butchers**- 121 Albert Drive, Glasgow, Lanarkshire, G41 2SU
14. **M Ali and Brothers**- 168 Albert Drive , Glasgow , Scotland , G41
15. **Al Hamra Foodstore**-250-252 Albert Drive , Glasgow , Scotland , G41 2NL
16. **Strawberry + Spice Garden**-198-204 Maxwell Road, Glasgow, Lanarkshire, G41
17. **Gulmarg Store**-249 Maxwell Road, Glasgow, Lanarkshire, G41 1TE
18. **Pak-Halal** -265-267 Maxwell Road, Glasgow, Lanarkshire, G41 1TE
19. **Ravi Food Store**- 287 Maxwell Road, Glasgow, G41 1TD
20. **Bismillah Butchers** -255 Maxwell Road, Glasgow, G41
21. **Al Noor**- 295 Maxwell Road, Glasgow, G41
22. **Data Halal Meat** - 295 Maxwell Road, Glasgow, G41
23. **Minar**- 313 Maxwell Road, Glasgow, G41
24. **Super Asia** -326 Pollokshaws Road, Glasgow, Lanarkshire, G41 1SE
25. **Kashmir Stores**- 469-471 Eglinton Street, Glasgow, Lanarkshire, G5 9RU
26. **Super Food Store**- 244 Paisley Rd West, Glasgow, G51 1BU
27. **Halal Meat Shop**- 224 Paisley Rd West, Glasgow, G51 1BU
28. **Data Halal Meat**- The Quay Paisley Road, Glasgow G5 8NP

NORTH of Glasgow

29. **Madina Food Store**- 212 Woodlands Road, Glasgow, G3 6LN, UK
30. **KRK Continental Store**- - 286-288 Woodlands Road, Glasgow, G3 6NE
31. **EI-Baraka**- 333-335 Great Western Road, Glasgow, G4 9HS
32. **Badr Halal Butchers**- 151 Maryhill Road, Glasgow G20 7XL

APPENDIX 6- Guide to Prohibited Ingredients



A Guide to Prohibited Ingredients

by **HALAL FOUNDATION**- (Islamic Food and Nutrition Council of America.
P.O. Box 425, Bedford Park, IL 60499)

[Disclaimer : This list was prepared by the organisation mentioned above. Cookeryonline is not able nor qualified to make any fatawas (decisions) on Halal or Haram. Any questions should be addressed to the Halal Foundation or some other qualified individual(s).]

Instructions

For a product to be Halal (lawful) for Muslim consumption all its ingredients should be Halal. Follow the following list below on **Appendix 1**:

1. Read the ingredients on label carefully. Ingredients are listed according to the amounts present. The first ingredient listed is present in the largest amount.
2. Identify the Halal/Haram status of each ingredient using this guide.
3. Search the ingredient name in the list and its status will be next to it.
4. If all ingredients of a product are Halal, the product is fit for Muslim consumption.
5. If any of the ingredients is Haram, the product should not be consumed.

Glossary:

Halal: Halal is a Quranic term which means allowed or lawful. Halal foods and drinks are permitted for consumption for Muslims

Haram: Haram is a Quranic term which means prohibited or unlawful. Eating Haram is forbidden for every Muslim.

<http://www.cookeryonline.com/Vegetarian/halal.html>

PROHIBITED INGREDIENTS (Haraam)

Haraam is opposite of Halal, means unlawful, again it is an Arabic word. Muslims are prohibited to consume Haraam food products made from Haraam ingredients.

1. Haraam ingredients from alcohol beverages: Beer, Beer flavour, Rum Flavour, Hard Cider, Beer Batter, Soy Sauce (Naturally brewed),

Wine, Pure Alcohol as a Natural Flavour, Vanilla Extract containing alcohol.

2. Haraam ingredients from Human body: L-Cysteine from human hair.
3. Haraam ingredients from Pig: Bacon, Ham, Gelatin, Enzymes, Marshmallow (pig Gelatin), Vitamins.
4. Grain/plant based ingredients with pig based carrier: Beta carotene (pig Gelatin) and BHA/BHT (pig based carrier).
5. Dairy ingredients made from pork enzymes and culture media: Caseinates, Lactose, Whey.
6. Ingredients made from pork fat: Lard, Mono & diglycerides, Sodium Stearoyl Lactylate, DATEM, Polysorbate 60 or 80.

Allowed Ingredients (HALAL)

Halal an Arabic word means lawful. Muslims all over the world are required to eat only Halal foods (foods allowed to eat according to Islamic dietary laws) made from Halal ingredients (only those law full food ingredients allowed under Islamic dietary laws).

1. Grain/Plant based ingredients: Baker's yeast, Baker's yeast extract, Beta Carotene (if vegetable oil is used as a carrier that is not gelatin), Microbial rennet, Chocolate liquor, Glycerin (plant and Halal synthetic source), Torula yeast (if grown on sugar cane not on liquor) and All purpose soy sauce.
2. Mineral, chemical, synthetic (Halal certified) based ingredients: Artificial Flavour (made from Halal ingredients without alcohol), BHA and BHT(only if vegetable oil is used as a carrier) and vanillin (from Halal synthetic source).
3. Dairy Ingredients (made with Halal enzymes and Halal culture media): Acid Casein, Buttermilk solids, Caseinates, cheese powder, Lactose, Whey and Whey protein concentrate.

Ingredients made from plant fat (Halal certified): Stearates, Sodium Stearoyl Lactylate, DATEM, Mono & Di Glycerides, Ethoxylated Mono & Di Glycerides, Lecithin, Enzyme Modified Lecithin(Halal certified), Margarine, Polysorbate 60 or 80, Sorbitan Monostearates and Tocopherol.

<http://special.worldofislam.info/Food/types.html>

APPENDIX 1

Ingredient	Status
Acetic Acid	Allowed
Alcohol	Prohibited
Ammonium Sulfate	Allowed
Ammonium Chloride	Allowed
Animal Fat	Prohibited
Animal Shortening	Prohibited
Ascorbic Acid	Allowed
Aspartame	Allowed
Bacon (Pork)	Prohibited
Benzoate/Benzoic Acid	Allowed
BHA	Allowed
BHT	Allowed
Calcium Carbonate	Allowed
Calcium Sulfate	Allowed
Carrageenan	Allowed
Cholesterol	Prohibited
Citric Acid	Allowed
Cocoa Butter	Allowed
Collagen (Pork)	Prohibited
Corn Meal / Corn Starch	Allowed
Corn Syrup	Allowed
Dextrin / Dextrose	Allowed
Dicalcium Phosphate	Allowed
Diglyceride	Prohibited
Diglyceride (plant)	Allowed
EDTA	Allowed
Enzyme	Prohibited
Ergocalciferol	Allowed
Ergosterol	Allowed
Ethoxylated Mono-/Di Glyceride	Prohibited
Fatty Acid	Prohibited
Ferrous Sulfate	Allowed
Fructose	Allowed
Fungal Protease Enzyme	Allowed
Gelatin / Kosher Gelatin	Prohibited
Glucose	Allowed
Glyceride	Prohibited
Glycerol / Glycerin	Prohibited
Glycerol Stearate	Prohibited
Glycogen	Prohibited
Gum Acacia	Allowed
Hormones	Prohibited
Hydrogenated Oil	Allowed

Hydrolyzed Animal Protein	Prohibited
Hydrolyzed Vegetable Protein	Allowed
Lard	Prohibited
Leavenings	Allowed
Lecithin (commercial)	Allowed
Malt	Allowed
Malto Dextrin	Allowed
Molases	Allowed
Monocalcium Phosphate	Allowed
Mono Saccharides	Allowed
Monoglycerides	Prohibited
MSG (Monosodium Glutamate)	Allowed
Nitrates / Nitrites	Allowed
Nonfat Dry Milk	Allowed
Oxalic Acid	Allowed
PABA	Allowed
Vegetable Oil	Allowed
Partially Hydrogenated Vegetable Oil	Allowed
Pectic Materials	Allowed
Pectin	Allowed
Pepsin	Prohibited
Phospholipid	Prohibited
Phosphoric Acid	Allowed
Pork	Prohibited
Potassium Benzoate	Allowed
Potassium Bromate	Allowed
Potassium Citrate	Allowed
Propionate	Allowed
Propionic Acid	Allowed
Renin / Rennet	Prohibited
Saccharine	Allowed
Salt	Allowed
Shortening	Prohibited
Soy Protein	Allowed
Soybean Oil	Allowed
Sucrose	Allowed
Tapioca	Allowed
Tricalcium Phosphate	Allowed
Vinegar	Allowed
Whey	Prohibited
Yeast	Allowed

<http://www.cookeryonline.com/Vegetarian/halal.html>

APPENDIX 7- Press Release



West of Scotland Regional Equality Council Ltd



PRESS RELEASE

Positive Partnership allows Glasgow Muslims to support the vulnerable and the excluded communities in the city!

“Our prime purpose in this life is to help others.....” Dalai Lama

It was with this famous quote in mind that the pilot of the Qurbani (Sacrifice) Food Initiative project took place in November this year. A result of which, a positive partnership began between West of Scotland Regional Equality Council (WSREC) and Lodging House Mission (LHM) to help the destitute communities in Glasgow during the celebration of Eid Ul-Adha "Festival of Sacrifice."

Qurbani means sacrifice in Arabic and the celebration of Eid Ul-Adha commemorates the willingness of Abraham (Ibrahim) to sacrifice his son (Ismail) as an act of obedience to God however found in place a ram which was sacrificed instead. This celebration takes part during the month of Zul Hajj when millions of Muslims pilgrimage to Mecca. Celebration of Eid Ul-Adha therefore includes families sacrificing animals and distributing the meat.

The meat from the sacrifice of Eid Ul-Adha is mostly given away to others. One-third is eaten by immediate family and relatives, one-third is given away to friends, and one-third is donated to the poor. In the past, it has been difficult to distribute to the poor in Glasgow; due to health and safety issues and a lack of awareness which resulted in families offering sacrifices in other parts of the world with the understanding that the meat would be distributed accordingly.

The set up of the Qurbani (Sacrifice) Food Initiative has changed that and this year Glasgow's Muslim community have come to the support some of the most vulnerable and excluded communities with sacrificial meat amounting to **180 kilos**. This translates to over 1000 meals for the client group of the LHM – A great success!

Mohammed Razaq (Executive Director) of WSREC said *“it is great to see the positive results of months of planning and preparation for the Initiative. I am overwhelmed by the support given by the Muslim community, individuals and organisations, in particular Awaz FM (local Asian radio station) for raising awareness to the community, majority of Glasgow's Halal butchers who put*

aside the meat and packed it for pick up and also not to forget Mr Shezad Hussain/Mr Ehsan Ul Haq from Snax4u whose valuable input on the day allowed us to deliver to LHM”

This new initiative can only lead to positive information exchange and interfaith understanding between the Muslim and indigenous communities in particular the more vulnerable members of Glasgow society. Furthermore it has the potential for enhanced good community relations between stakeholders of Lodging House Mission and the Muslim Community in Glasgow

John Hamilton (Project Leader) stated *“The Lodging House Mission are honoured to receive the meat from the sacrifice of Eid ul-Adha and are grateful to Glasgow’s Muslim community for their generosity and kindness. Last year the Lodging House Mission served over 30,000 lunches to Glasgow’s most vulnerable and excluded citizens and this much needed donation will help us continue our essential work. We are also very grateful for the hard work and commitment shown by Mohammed Razaq (Executive Director West of Scotland Regional Equality Council Ltd) who has made the whole thing possible.”*

With the pilot of the project a success the initiative will be running annually around the time of Eid Ul-Adha which will go from strength to strength in supporting homeless & vulnerable individuals of Glasgow.

END OF PRESS RELEASE

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