



GLASGOW REFUGEE/ASYLUM SEEKER INFORMATION PROJECT

GRIP

USEFUL CONTACTS FOR REFUGEES & ASYLUM SEEKERS IN GLASGOW

© West of Scotland Racial Equality Council

**COMIC
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WEST OF SCOTLAND RACIAL EQUALITY COUNCIL

INFORMATION OF SERVICE PROVIDERS FOR ASYLUM SEEKERS AND REFUGEES

ORGANISATION	SERVICE	WHEN	WHERE	CONTACT DETAILS
Scottish Refugee Council	Information and advice Advice line 0800 085 60 Mon., Tues, Thur, Fri- 0930-1, 1400-1600. Wed- 1300-1600	Mon-Fri 9-5	5 Cadogan Square (170 Blythswood Court) Cadogan St. Glasgow. 2 7PH	0141 248 9799 www.scottishrefugeecouncil.org.uk
Immigration Advice Centre	Information and advice on immigration	Mon-Fri 9-5	115 Bath Street Glasgow G2 2SZ	0141 248 2956 glasgow@iasuk.org
The Office of the Immigration Service Commissioner (OISC)	Regulator of immigration advice providers		5 th floor, 53 Tooley St, London SE1 2QN	0845 000 0046 (Enquiries) 020 7211 1500 www.oisc.gov.uk
National Asylum Support Services NASS	Support for Asylum seekers- financial and housing.	Mon-Fri 9-5	National Asylum Support Services Home Office Festival Court 200 Brand Street Glasgow, G51 1DR	0141 555 1515
Glasgow Interpreting Service	Interpreting and translation service	Mon-Thurs 08.45-4.45 Fri- 08.45-3.55	39 Napiershall Street, Glasgow G20 6EZ	0141 341 0019
Glasgow Refugee/asylum seeker Information Project (GRIP)	Representation: on racial harassment issues with the police, housing providers and other services. Signposting: access to information on a range of services available, such as police, legal, health, interpreting, housing, employment, leisure - including volunteering opportunities and education – including language support. Referral: provide direct contact with the appropriate agencies and follow up service to ensure equitable access to services and support.		39 Napiershall Street Glasgow G20 6EZ Also local surgeries please telephone for further information	Mohammed Razaq 0141 337 6626 mrazaq@wsrec.co.uk
BENEFITS OFFICES/JOBCENTRES	Information on entitlement to benefits in local area.			
Bridgeton		Mon-Thurs 9am-5pm, Fri 9am-4pm	9 Muslin Street, Glasgow G42 4AZ	0141 551 3000
Castlemilk		Mon-Thurs 9am-5pm, Fri 9am-4pm	Castlemilk Arcade, Glasgow G45 9AA	0141 8003400
City Centre		Mon-Thurs 9am-5pm, Fri 9am-4pm	354 Argyle St, Glasgow G2 8LX	0141 800 3300
Easterhouse		Mon-Thurs 9am-5pm, Fri 9am-4pm	40 Shandwick Street, Glasgow G34 9DR	0141 800 6000
Govan		Mon-Thurs 9am-5pm, Fri 9am-4pm	779 Govan Road, Glasgow G51 3JR	0141 800 6400
Laurieston		Mon-Thurs 9am-5pm, Fri 9am-4pm	101-109 Devon Place, Glasgow G41 1RL	0141 800 3737
Newlands		Mon-Thurs 9am-5pm, Fri 9am-4pm	8 Coustonholm Road, Glasgow G43 1SS	0141 636 8100
Partick		Mon-Thurs 9am-5pm, Fri 9am-4pm	20 Benalder Street, Glasgow G11 6BY	0141 337 7100
Shawlands		Mon-Thurs 9am-5pm, Fri 9am-4pm	118-122 Kilmarnock Rd, Glasgow G41 3NF	0141 800 3600
Springburn		Mon-Thurs 9am-5pm, Fri 9am-4pm	200 Atlas Rd, Glasgow G21 4DL	0141 557 4000

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Clydebank Business Park, Employer Direct		Mon-Fri 8am-8pm Sat 10am-4pm	10 South Avenue, Clydebank Business Park, Clydebank, Glasgow G81	0845 601 2001
Northgate, DWP Glasgow Benefits Centre		Mon-Thurs 9am-5pm, Fri 9am-4pm	Blocks 2/4, 96 Milton Street, Glasgow G4 ODX	0845 377 0001
Chinese Community Development Partnership	Information and support for the Chinese community in Glasgow	Mon-Thur 9-5 Fri 0900-1600	39 Napiershall Street Centre, Glasgow G20 6EZ	0141 341 0026
Maryhill Citizen's Advice Bureau	Advice, information & representation	Mon, Tues & Fri 10am – 3.30pm Thursday 10am – 1pm Wednesday 10-3.30pm (appointments only)	1145 Maryhill Road Glasgow G20 9AZ	Val Tona Phone: 576 5104 refugeeproject@Maryhillcab.cabret.org.uk
No Borders Glasgow	Part of a growing European network, a Glasgow-based collective working with refugees, migrants and other support and action groups to fight racist migration controls. We believe in practical solidarity, mutual aid and direct action. No one is illegal.		C/O The Unity Centre 30 Ibrox Street Glasgow G51 1AQ	0141 427 7992 noborders-glasgow@riseup.net www.openborders.org.uk
Peer Advocacy Project	We provide long term support for asylum seekers and refugees. We allocate clients to volunteers who offer practical and emotional support to individuals.	Monday to Friday 9-5pm	The Initiative The Aldelphi Centre 12, Commercial Road Glasgow G5 OPQ	0141 429 6314 0800 027 2628 www.gorbals-init.org
Social Work Services	Provide information and advice on a wide range of social issues in the community.		Social Work Services 10 Ardencraig Place Castlemilk	Phone: 0141 276 5010
Glasgow Volunteer Centre	Matches refugees with volunteer mentors to give them support and encouragement as they settle into their new communities. Also offers a young person's befriending service.	Monday-Thursday 9.00-17.00 Fridays 9.00-16.00	4th floor 84 Miller street Glasgow G1 1DT	0141 226 3431 info@volunteerglasgow.org
Victim Support	Free confidential support and advice for victims of crime. Will represent criminal injuries claim. Free internet access. A room in the flat is available for everyone, not just victims of crime, to drop in, read newspapers in different languages (particularly Turkish & Iranian), seek advice & help .	Monday – Friday 9am – 4pm	Springburn, 131-141, Saltmarket, G1 5LF	Tel: 0141 553 2063 Fax 0141 553 2405
West of Scotland Racial Equality Council (WSREC)	Assistance with racial equality issues including support and assistance to victims of racial harassment and discrimination.	Mon-Fri 9.30 to 4.30pm	Napiershall Street Centre, 39 Napiershall Street, Glasgow, G20 6EZ	Tel: 0141 337 6626 admin@wsrec.co.uk website: www.wsrec.co.uk
Castlemilk Law Centre	Provides assistance & representation to asylum seekers in all areas pertaining to legal issues. Includes assisting with initial application procedure and representation at appeals to the adjudicator and the Immigration Appeal Tribunal. Will arrange for judicial review or Court of Session appeals.	Monday – Friday 9.30am – 4.45pm Friday 9am – 4.30pm Other information Language	Castlemilk Law & Money Advice Centre 30-32 Dougrie Drive Castlemilk	Phone: 0141 634 0313 Fax: 0141 634 1914 Castlemilk.lawcentre@tiscali.co.uk

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ORGANISATION	SERVICE	WHEN	WHERE	CONTACT DETAILS
	Provides legal advice to representation to all Castlemilk residents in areas such as housing, social security, debt advice, women and children's rights.	support available	Glasgow G45 9AD	
Ethnic Minority Law Centre	Provides ethnic minority communities with access to professional services to address unmet legal needs. An interpreter can be arranged for appointment. Also carry out outreach community work in the form of surgeries and information sessions as and when required	Mon- Fri 9-1pm 2-5pm Advice telephone line 3.30-4.30pm	41 St Vincent Place, Glasgow G1 2ER	0141 admin@emlc.org.uk www.emlc.org.uk
DROP IN				
Bridging the Gap	Drop in for refugees & asylum seekers. Aims to support the integration of those in the Gorbals area.	Thurs 11.30am-2.30pm	Greyfriar Centre, 270 Ballater St, Glasgow G5 OYT	0141 418 0241 secretary@bridging-the-gap.org www.bridging-the-gap.org or www.b-t-g.org
Castlemilk Community Church Centre	General enquiries for local community issues.		Community Church 150 Ardencraig Road Castlemilk Glasgow	Phone: 0141 630 1938
information May be closed during holiday times		What Home visiting & support for refugees & asylum seekers e.g. assistance with appointments	Castlemilk Community Church 150 Ardencraig Road Castlemilk Glasgow	Phone: 0141 630 1938
Findlay Memorial Church	Drop in centre for refugees & asylum seekers which provides language classes, support & social opportunities.	Monday 10am -12 pm	56 Clarendon Place Maryhill Glasgow G20 7QB	Phone: 0141 942 0637
Maryhill Parish Church International Meeting Place	English classes, toys & games available for children, trips out, a listening ear, light refreshments, emotional support for refugees & asylum seekers	Monday 10am -12 pm Other information Childcare for parents in language classes	1990 Maryhill Road Maryhill Glasgow	
Royston Integrated Neighbours Group	North Glasgow drop in. Please book in advance for crèche.		Roystonhill Recreation Centre 15 Forrestfield Street Glasgow G21 2LE	Cath McGhee, co-ordinator Tel: 0141 553 0808
St Gregory's Church International Meeting Place	Drop in centre for asylum seekers from Maryhill. Table tennis, pool, games, internet access, English language, light refreshments, information, a listening ear, films	Thursday 7.30 pm -9.30pm	St Gregory's Church 130 Kelvindale Road Glasgow	
St Mungo's Church	WRAP (Welcoming Refugees & Asylum Seekers Project).Drop in centre offers integration resources to newly arrived families including English classes, childcare& dietary advice, arts& crafts & training for computer & other skills. Youth group organises a monthly Youth Mass on Sunday evening.(saintmungosyouth.co.uk)	Monday, Tuesday & Wednesday 1045-1300. Thurs 0945-1200	St Pauls Hall 31 Parson Street 52 Parson Street Glasgow G4 0RX	Tel: 0141 552 1823/2347 stmungosdropin@btinternet.com
St Rollox Church	Drop in café & shop open to everyone living in the area English classes Craft group Computer classes Hosts food co-op	Tuesday 1230-1400,Wed 10-11am Wed 1300-1500 Wed 1300-1500 Wed 1015-1200 Tues 1200-1300	St Rollox Church 9 Fountainwell Road Sighthill Glasgow G21 1RG	Tel: 0141 558 1809 email: strollox@btinternet.com
Tron St Mary's	Drop in open to everyone, particularly parents & children. Tea, coffee & games. Some household goods available.	Wednesday 3pm – 5pm	128 Red Road Barlornock	Tel: 0141 357 1552 Helen Hughes 333 9459

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ORGANISATION	SERVICE	WHEN	WHERE	CONTACT DETAILS
			Glasgow G21 4PJ	helenhughes@fish.co.uk
	Nearly new clothes & household items for sale, and cafe	When Tuesday 11am – 1.30pm	128 Red Road Barlornock Glasgow G21 4PJ	Tel: 0141 357 1552
	English Conversation Classes Creche provided	Monday 7pm – 9pm	128 Red Road Barlornock Glasgow G21 4PJ	Tel: 0141 357 1552
Pollokshaws Burgh Hall Trust	Meeting place for Pollok and Pollokshaws Integration networks. Variety of activities aimed at the integration of different cultures and organisations where everyone is warmly welcomed. Please phone for additional details.	Other information Creche provided	Pollokshaws Burgh Hall 2025 Pollokshaws Road Glasgow G43 1NE	Phone: 0141 632 5811
Eastwood Parish Church	Drop in service for refugees & asylum seekers which provides advice & information, humanitarian aid, access to health services & social activities. Please phone for latest activities.	Monday 10am – 12pm (Closed in July) Other information Language support occasionally provided by other asylum seekers	Eastwood Parish Church 5 Mansewood Road Glasgow G43 1TL	Phone: 0141 632 0724
Pollokshaws Methodist Church	International group for people living in Pollokshaws which offers friendship, mutual support, recreation, games, outings, cultural activities & games for children.	Saturday 10am -12 noon	74 Shawholm Crescent Glasgow G43 1NY Pollokshaws Methodist Church	Phone: 0141 632 0691(Please call for latest activities).
Pollokshaws Parish Church	Nearly New – cheap clothing & household goods for sale Please call for details.	Wednesday 10am - 12 noon (except summer)	Where Pollokshaws Parish Church 223 Shawbridge Street Glasgow G41 3SW	Phone: 0141 649 0458
Queen’s Park Baptist Church	Drop in for refugees & asylum seekers which includes free lunch, tea & coffee. Provides clothes distribution, household goods, outings and Christmas & Easter programmes	Wednesday 11am – 3 pm	Queen’s Baptist Church 180 Queen’s Drive Glasgow G41 8QD	Phone: 0141 423 3962
CHILDREN				
Maryhill Mobile Creche	Provides crèche facilities for children from birth to 16 for groups in the Maryhill area	Various times	Where 35 Avenue Park Street Maryhill G20 8TS	Phone: 0141 945 1888
NCH Ruchill Family Project	Pre school nursery education 3-5 years, childcare sessions 2-3, Social care team for families with drug/ alcohol misuse. For those living in Ruchill & Possilpark.	Various times Opening hours are Mon – Fri 8.45am – 3.45pm	61 Smeaton Street Ruchill Glasgow G20 9JS	Phone: 0141 945 1653
Sighthill Out of School Care	Out of school care for children. Also runs a programme during the holidays. Closed during public holidays Places need to be booked for the escort service in the morning before school starts	When Monday - Friday 8am (escort children to school) for 9am. Children collected at 3pm, after school care until 5.30pm During school holidays 8 am - 5.30pm	Where St Stephen’s Primary School 22 Pinkston Drive Sighthill Glasgow, G21 2NL	Tina Suffredini Tel: 0141 558 9085
FAMILY SUPPORT				
Greenview Evangelical Church	Parents/carers group. An opportunity to meet other parents and for the children to play. The 128 club for primary school children in Arden Primary School Coffee Break Community Café	Tues/ Thurs 10-1130am Wed 7pm Mon-Fri 10-12am	Greenview Evangelical Church 1439 Pollokshaws Rd Glasgow G41 3RQ	Phone: 0141 577 1088
Home Start Glasgow	Befriending service which provides practical & emotional support to families under	Date & time to suit family &	Home Start	Phone: 0141 585 6712

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Pollokshaws	stress who have at least one child under 5. Volunteer befrienders can help in accessing GPs, hospitals, child care facilities & assist with parenting skills.	volunteer Other information Creche provided	207 Shawbridge Street Glasgow G43 1QN	
Homestart Glasgow North West	Befriending for families through difficult times where there is at least one child under 5. The volunteer befriender offers friendly support, understanding, reassurance, a listening ear, extra pair of hands & practical help. They will also accompany families to appointments, liaise with schools etc	Various times to suit volunteer & family Other information Translated leaflets available.	76 Dunard Street Glasgow G20 6SH	Phone: 0141 948 0441 Fax: 0141 948 0445 Email: homestart.glasgownorthwest@tesco.net
Home Start Glasgow Pollokshaws	Information & advice session for people living in Pollokshields	Monday 3 pm – 5.30 pm Other information Home Start have a dedicated worker for asylum seekers & refugees.	Home Start 207 Shawbridge Street Glasgow G43 1QN	Phone: 0141 585 6712
Ruchill Family Project	Pre school nursery education 3-5 years, childcare sessions 2-3, community education classes ie painting, decorating, sewing etc, community cafe & Play together (parent/carer & toddlers community area)	Opening hours are Mon – Fri 8.45am – 3.45pm Other information Creche facilities for Community Education classes	61 Smeaton Street Ruchill Glasgow G20	Phone: 0141 945 1653
St Rollox Church	Parent & Toddlers group for children aged 0-4 years provided by Mobile Creche. Includes craft activities for parents.	Thursday 10am -12 noon	St Rollox Church 9 Fountainwell Road Sighthill	tel: 0141 558 1809 email: strollox@btinternet.com
Tron St Mary's	Parents & toddlers group Other information Parents must stay in the hall during the group	Wednesday 10am -12pm	128 Red Road Barlornock Glasgow G21 4PJ	Tel: 0141 357 1552
YOUNG PEOPLE				
Greenview Evangelical Church	Rush Hour group for primary school children which provides games, bible story, music & fun	Wednesday 6.30 pm– 7.30 pm(term time) The Hub group for secondary school children. Recreation, sports, regular outings & special events. When Friday 7.30pm – 9.30 pm (term time)	Greenview Evangelical Church 1439 Pollokshaws Rd Glasgow G41 3RQ	Phone: 0141 577 1088
Pollokshaws Parish Church	1. Girls Brigade – activities & games for girls with a Christian ethos 2. Boys Brigade – activities & games for boys with a Christian ethos	1. Tuesday 6.30 pm – 8.30 pm 2. Thursday 6.30 pm – 7.30pm Friday 7.30 pm – 9pm	Pollokshaws Parish Church 223 Shawbridge Street Glasgow	Phone: 0141 649 0458
NCH Young Refugee Befriending Project	by providing a befriending service which matches them with trained volunteers to talk to and to help them find out about life in Glasgow.	Mon-Thurs 9-5pm, Fri 9-4pm	NCH 17 Newton Place Glasgow G3 7PY	Neil Thain-Gray, Befriending Co-ordinator-0141 332 1193 Fax: 0141 332 7002 mobile- 07731702331 friends4u@nch.org.uk www.nch.org.uk

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ORGANISATION	SERVICE	WHEN	WHERE	CONTACT DETAILS
Sighthill Community One Stop Shop	What Junior Activities clubs 8 – 14 years old. . Please phone for more details of other activities.	Mon 6-8pm Sports Club Wed 6-8pm Arts & Crafts Thurs 6-8pm Drama	KATS project, 1 Fountainwell Square, Sighthill	Flat 5/6, 6 Fountainwell Square Sighthill Tel: 0141 558 1226 SCOSS@btconnect.com
Today's Scotland	Have various sports activities i.e. badminton and football. Please note the service is FREE to Pensioners the unemployed and asylum seekers and refugees	Friday between 7.00pm to 9.00pm	Firhill Sports Complex Hopehill Road, Maryhill, Glasgow	07939 520 496
Breakthrough Youth Info & Outreach Project	A programme of workshop & activities with young people aged 12-17 living in the Maryhill area	Please phone for latest activities	Where Community Central Halls 304 Maryhill Road Glasgow G20 7YE	Phone: 0141 331 7699 Email: youthservices@centralhalls.org
Maryhill Children & Young Person's Befriending Scheme	Befriending scheme which aims to match up young people aged 8-18 living in Maryhill with adult volunteers who are committed to developing a stable supportive befriending relationship & having fun together.	Once a week at various times to suit young person & volunteer	c/o The Volunteer Centre 84 Miller St, 4 th floor, G1 1DT	The Volunteer Centre Head Office: 0141 226 3431 Fax: 0141 221 0716 Email: info@volunteerglasgow.org
Woodlands Youth Initiative	Recreational opportunities, information & advice, individual support, drop in & groups for young black & minority ethnic people aged 12-25 years.	Various times Other information Urdu & unjabi speakers among the staff. Interpreters for other languages are available on request.	Where Community Central Hall 304 Maryhill Road Glasgow G20 7YE	Phone: 0141 331 7699 email: youthservices@centralhalls.org
Youth Health Spot	Young people aged 12 -25 can access clinical services, drug & alcohol support, general health advice & information, alternative therapies & counselling	Wednesday 3.45pm -5.45pm Other information Interpreters are not standard, but can be provided if given prior notice	Contact 0/1, 45 Ardenraig Street Castlemilk Glasgow	Phone: 0141 560 3035 Fax: 0141 560 3030 Email: enquiries@healthspot.org.uk www.healthspot.org.uk
WOMEN				
Amina – Muslim Women's Resource Centre	Information, advice and counselling for Muslim women in Scotland. Drop-in times Outreach surgery for info & advice for women	Mon-Fri 9-5 Mon & Wed 10-12.30am Thurs 1-3pm Tues 10-12am	Network House, 311 Calder Street, Govanhill, Glasgow Sighthill Community One Stop Shop, Flat 5/6, 6 Fountainwell Square, Glasgow G21 1RB	0141 585 8026 Fax 0141 423 7700 24hr Helpline 0808 801 0301 info@mwrc.org.uk www.mwrc.org.uk
Breakthrough for Women	Counsel and support in child sex abuse or rape. General counselling for ethnic minorities.	Mon-Thurs 08.45-4.45 Fri- 08.45-3.55	30 Bell Street, 4 th Floor, Glasgow, G1 1LG	0141 552 5483
Glasgow Women's Aid	Drop in for women suffering from domestic abuse. Support and refuge accommodation. Children and young peoples outreach worker.	Mon,Tues,Thur,Fri-0930-1615 Wed 0930-1330	30 Bell St, Candleriggs. 4 th floor. G1 1LG	0141 553 2022
Glasgow YWCA	lasses in English as a Second Language. Other information Creche provided for all classes if booked in advance What Various classes & courses ie computing, money advice When Various times	Registration for English classes takes place 1 st Thursday at 1145am	3 Newton Terrace Sauchiehall Street (near Charing Cross) Glasgow G3 7PJ	Phone: 0141 248 5338 email: admin@ywcaglasgow.org
Greenview Evangelical Church	Pollokshaws Pregnancy Crisis Centre. Help and advice	Sat/Sun. Other times during weel calls taken by office staff	Greenview Evangelical Church 1439 Pollokshaws Rd Glasgow G41 3RQ	Phone 0141 636 1100
Hemat Gryffe Women's Aid	Drop in centre for women, children & young people of all backgrounds experiencing domestic abuse and culturally sensitive counselling on a wide range of issues.	Mon-Fri 9-5	24 Willowbank St 0/1, Charing Cross, G3 6LZ. www.hematgryffe.org.uk	0141 353 0859

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ORGANISATION	SERVICE	WHEN	WHERE	CONTACT DETAILS
North West Women's Centre	Maryhill Women Asylum Seekers Group Other information Creche provided What Various classes available (certificated & non-certificated), leisure classes ie jewellery making, Over 50s keep fit & computing & internet classes for all women living in North West of Glasgow	Womens Group meetings Drop in Tuesday 10am -12 noon & Thurs 10am-12noon Maryhill Community Centre 35 Avenuepark St-Thurs 10-12am	17-33 Shawpark Street Maryhill Glasgow G20 9D	Phone: 0141 576 1400 Fax: 0141 576 1300
Rape Crisis Centre	Free confidential support for women and girls who have been raped, sexually abused or sexually assaulted	Check answering machine for opening hours.	PO Box 53 Glasgow G1 1WE	Crisis line: 0141 552 3200/141 552 3201 info@rapecrisiscentre-glasgow.co.uk www.rapecrisiscentre-glasgow.co.uk
Red Road Women's Centre	Provides classes, support groups & counselling. Free legal advice, welfare rights advice, housing advice, debt advice and form filling. Other information Must book into the class before you attend unless the service specifies that it is a drop in.	Monday – Thursday 9am to 5pm. Friday 9am to 4pm. Evening classes also available.	10 – 20 Petershill Court Balornock G21 4PY	Tel: 0141 557 5571 / 3367000
Oasis Women (Maryhill Integration Network)	Tues- Framework for Dialogue, Wed 1700-2000-open to all Drop in centre for women. Phone for more details of events.	Thur 1500-2000	35 Avenuepark St, Maryhill	0141 946 9106
Sandyford Initiative	Provides a family planning and sexual health (GUM) service	Various	2-6 Sandyford Place Sauchiehall Street Glasgow G3 7NB	0141 221 8130 www.sandyford.org
HEALTH				
British Red Cross	Refugee & International Tracing and Message Services. The British Red Cross works world-wide with other Red Cross and Red Crescent Societies or the International Committee of the Red Cross (ICRC) in situations of conflict, to restore and maintain contact between families by conveying messages and helping trace relatives	Monday to Friday 9-5pm	Second floor Ashfield House 402 Sauchiehall Street Glasgow G2 3JD	0141 331 4170 Fax 0141 331 4179 ritsgla@redcross.org.uk
Healthy Castlemilk	Addressing citizen's needs largely through advice referral. Also cookery classes for vulnerable people. Work with the homeless and alcoholics.	Various Other information Language support provided - various interpreters. Childcare facilities provided	6 Ardencraig, Glasgow G45 OFR	Phone: 0141 634 2679 Email: healthycastlemilk@btinternet.com
Medical Foundation Glasgow	Ensures that survivors of torture and organised violence living in Scotland have access to the services they need. Provides medico-legal report writing, group work, assessment, training and support. Contact us for further information.	Monday-Friday 9.00-17.00	Room 27, The Adelphi Centre 12 Commercial Road Glasgow G5 0PQ	0141 420 3161 mfscotland@torturecare.org.uk www.torturecare.org.uk
North Glasgow Community Food Initiative	a food co-op - cheap fruit & veg service & health information. Also provides cookery groups and a 'Grow your own' scheme and garden project. Opportunities for volunteering for asylum seekers, refugees & local Scottish people.	St Rollox Church Tuesday 12 noon -1pm Sighthill Community Centre Tuesday 3 -4.30pm Red Road Women's Centre Wednesday 11.30 am - 1pm Elmvale Day Centre Thursday 11am – 2 pm	St Rollox Church Sighthill Community Centre Red Road Women's Centre Elmvale Day Centre	Millburn Centre 221 Millburn Street Glasgow G21 2HL Tel: 0141 552 8817 0141 552 8817 Email: ngcfi@yahoo.co.uk
Royston Stress Centre	Provides stress management which includes counselling, relaxation, massage, acupuncture, reiki, group work & trauma de-sensitisation	Monday – Friday 9.30 – 5pm alternate evenings 5pm – 8pm	Where Milburn Centre Unit E9/10, 145 Charles St, Rosemount Workplace Glasgow G21 2QA	Tel: 0141 552 4434

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HOUSING				
Castlemilk Tenants Housing Association	Provides accommodation in multi-storey flats	9.30am – 4pm	61 Dougrie Drive Castlemilk Glasgow G45 9AP	Phone: 0141 2747450
Cube Housing Association	Non profit making housing association providing rented accommodation for persons in housing need. Provides housing advice & potential permanent re-housing once leave to remain decision is known	Monday – Thursday 9-5pm Fri 9-4.30pm Closed 1st Thursday each month Other information Language support can be arranged	Wyndford Area Office 70 Glenfinnan Road Glasgow G20 8JX	Phone: 0141 945 3155 Fax: 0141 946 9977
Glasgow Asylum Seeker Support Project (GASSP)	Housing accommodation & support.	Mon-Thurs 08.30-4.45 Fri- 08.30-3.55	145 Kelvinhaugh St G3 8BX	222 7300 222 7331 Switchboard 222 7367
GCC Refugee Support Team, Housing support	Support and advice. Help with temporary to permanent accommodation.	Mon-Thurs 08.45-4.45 Fri- 08.45-3.55	T .Max Building, Gorbals	0141 276 8245
Glasgow Housing Association (Maryhill Office)		Mon-Fri 9-5	1 Gairbraid Avenue, Glasgow, G20	Tel: 0141274 8771
Positive Action in Housing	to work with communities and others to enable everyone to have an equal chance to live in good quality, affordable and safe homes, free from discrimination and the fear of racial harassment and violence.	Mondays-Thursdays 9.00-17.00 Fridays 9.00-16.00	98 West George Street Glasgow G2 1PJ	0141 353 2220 fax: 0141 353 3882 home@paih.org http://www.paih.org/
Shelter Scotland	Provides free, independent and confidential advice on homelessness, rent and mortgage arrears, eviction, housing benefits, dampness and more.	Monday: 1pm - 4pm Tuesday: 10am - 1pm Wednesday: Closed Thursday: 1pm - 4pm Friday: 10am - 1pm	Glasgow Shelter Housing Aid Centre. First Floor Suite 2, Breckenridge House, 274 Sauchiehall Street, Glasgow, G2 3EH	0844 893 5560 Fax: 0141 332 7346 www.shelter.org.uk
LEARNING				
Anniesland College	ESOL Childcare provision- birth -5yrs		19 Hatfield Drive, Glasgow G12 OYE	Phone 0141357 3969 www.anniesland.ac.uk
Cardonald College	ESOL Childcare provision – 3-5 yrs from birth at Priesthill Community Centre		690 Mossbank Drive, Glasgow G52 3AY	Phone 0141 272 3333 www.cardonald.ac.uk
Central College of Commerce	ESOL			Phone 0141 552 3941 www.centralcollege.ac.uk
Glasgow College of Nautical Studies	ESOL Childcare provision – 6wks to 5yrs		21 Thistle St, Glasgow G5 9XB	Phone 565 2500 www.glasgow-nautical.ac.uk
Glasgow Metropolitan College	ESOL		60 North Hanover St, Glasgow G1 2BP	Phone 0141 566 6222 www.glasgowmet.ac.uk
Home Start Glasgow Pollokshaws	English classes (first level) for asylum seekers & refugees (with Langside College)	Monday, Tuesday, Thursday & Friday 9.30am – 12 noon Other information Creche provided. Home Start have a dedicated worker for asylum seekers & refugees.	Home Start 207 Shawbridge Street Glasgow G43 1QN	Phone: 0141 585 6712

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ORGANISATION	SERVICE	WHEN	WHERE	CONTACT DETAILS
Langside College	ESOL (English as a second language) classes at all levels (pre-literate to advanced)	Monday – Friday 9am – 5 pm Other information Very limited child care possibilities on site. Possibility of college paying for childcare elsewhere (registered nurseries only)	Langside College 50 Prospecthill Road Glasgow G42 9LB	Phone: 0141 649 4991
North Glasgow College	Full time & part time ESOL (English as a Second Language) courses at the college & in the YMCA at beginners, pre-intermediate and intermediate level. Other courses available.	Various times Other information All ESOL students are assessed to ensure that they attend the most suitable class. Classes are free for asylum seekers, bursaries are available for full time courses for refugees. Travel expenses paid and luncheon vouchers are available for full day attendance.	110 Flemington Street Glasgow G21 1BX	Tel: 0141 558 9001
Stow College	Various classes & courses. Other information Childcare available	Monday – Friday 9am – 5pm	Where Stow College 43 Shamrock Street Glasgow G4 9LD	Phone: 0141 332 1786 Email: enquiries@stow.ac.uk www.stow.ac.uk
Glasgow ESOL Forum	Volunteer ESOL Tutors who help warmly welcome & integrate refugees & asylum seekers into their new society. They can also help with further education & voluntary work. And they can help students who for whatever reason cannot attend regular classes.		113 St Georges Rd, Applejak Studios, Room 3000, Glasgow G3 6JA	Deborah Boekestein 0141 333 1196/ 1194 enquiries@glasgowesol.co.uk www.glasgowesol.co.uk
Council for Assisting Refugee Academics (CARA)	Info& advice service & a small grants programme to assist refugees with an academic background to re-establish their careers in the UK.		London South Bank University, Technopark, 90 London Rd, London SE1 6LN	Phone 0207 021 0880 www.academic-refugees.org
Refugees into Teaching in Scotland (RITeS)	Works with asylum seekers & refugees who have teaching qualifications. Long-term guidance & support.		RITeS Project, University of Strathclyde, Faculty of Education, Dept. of Childhood & Primary Studies, Rm 201, Crawford Building, Jordanhill Campus, 76 Southbrae Drive, G13 1PP	Stewart Simpson, RITeS Project Co-ordinator 0141 950 3673 Email; stewart.f.simpson@strath.ac.uk www.strath.ac.uk/cps/rites
Glasgow Overseas Professionals into Practice (GOPiP)	Set up to adapt the skills of nurses & midwives educated overseas, for work in the NHS for Scotland. Run by Glasgow Caledonian University the GOPiP project provides the academic support & clinical supervision.		GOPiP team based within the Pre-Registration division of the School of nursing, Midwifery & Community Health, Glasgow Caledonian University City Campus, Cowcaddens Rd, Glasgow G4 OBA	General enquiries 0141 331 8311 Email: gopip@gcal.ac.uk www.gcal.ac.uk/gopip/inde x .html
Ethnic Minority Enterprise Centre	Helps people from black and ethnic minority communities access training opportunities, acquire skills, increase their capacity for employment within the city of Glasgow.	Mon-Fri 9am-5pm	40 Wellington Street, Glasgow G2 6H3	0141 221 4044 Fax 0141 6263 info@emecglasgow.org.uk www.emecglasgow.org.uk
Glasgow North Regeneration Agency	Career & educational guidance & development, learning centre, advice on colleges, training & learning opportunities.	Mon – Fri 9am – 3.30 pm Can drop in or phone to make an appointment with an adviser .	Unit 4, Maryhill Shopping Centre Maryhill Rd G20	Phone: 0141 579 5551 Fax: 0141 945 5955
Glasgow South East	Provides a professional career guidance & recruitment service to the local community.	Monday - Friday 9am – 5 pm	Glenwood Business Centre	Phone: 0141 634 1024

INFORMATION OF SERVICE PROVIDERS FOR ASYLUM SEEKERS AND REFUGEES

ORGANISATION	SERVICE	WHEN	WHERE	CONTACT DETAILS
Regeneration Agency	Can register to use their services. Refugees & asylum seekers can access additional support ie volunteering opportunities, knowledge of referral agencies		21 Glenwood Place Glasgow G45 9UH	Fax: 0141 630 2275
Rosemount Learning Centre	What Pre-vocational courses and leisure activities with childcare support. Also provides a parents group, Play & Share group, fruit co-op & has credit union collection point.	Mon-Sat 9-9,some nights. Not open Sat in holiday term.Other information Most classes start in August and run until June. The main recruitment time is in May & June. Pre vocational classes and leisure activities are open to asylum seekers. Most classes are women only.	Milburn Centre 221 Milburn Street Royston Glasgow G21 2HL	Tel: 0141 552 3090
Rosemount Lifelong Learning Centre	Range of adult education classes including English at three levels and literacy support and use of computers. Guidance service. Family worker project.Open to all residents of North Glasgow	Monday – Saturday including 4 evenings a week.Holiday term not open Sat.Classes at various times ` Other information A small 6 place crèche is available for children aged 6 months to 8 years.	102-104 Royston Road Glasgow G21 2NU	Tel: 0141 552 3090 Email: flexi@rosemount.ac.uk
Ruchill Community Learning Centre	Variety of courses available for all member of the community over 16 years of age. Courses include IT, health & beauty.	Monday – Friday 9.30am - 5.00pm Also open 2 evenings a week Other information Possible limited arrangement for language support could be made Free pre 5 childcare	Where 201 Shuna Street Ruchill Glasgow G20 9EY	Phone: 0141 946 5675
COMMUNITY DEVELOPMENT				
Castlemilk Community Forum	Provides support to new and existing local groups and individuals involved in the community, gathers and disseminates information and helps raise awareness of community issues and activities.	Monday – Friday 9am – 5pm	Castlemilk Community Centre 123 Castlemilk Drive Glasgow G45 9UG	Phone: 0141 634 3351 Fax: 0141 634 7933
Glasgow North Limited	Local Economic Development Company serving all the communities that make up North Glasgow & provides a range of services which include adult guidance & employment counselling, job search facilities, guidance for 16 – 18 year olds, money & benefit advice, IT training, specialised guidance for highly skilled or professionally qualified refugees & help and support with starting your own business. Services available to all local people who have the right to work.	When Monday – Thursday 9.00am to 4.45pm, Friday 9.00am to 3.30pm Other information Telephone interpreting service is available at each of our outreach locations:	St Rollox House 130 Springburn Road Glasgow G21 1YL 117 Royston Road, Royston, Glasgow 18/20 Balmore Road, Possilpark, Glasgow G22 6RN C/O Milton Unemployed Workers Centre 460Ashgill road, Glasgow G22 7HJ Maryhill Shopping Centre G20 98H 968 Maryhill Rd G20 7GA	Tel: 0141 552 5413 Fax: 0141 552 0886 Website www.glasgownorth.org Tel: 0141 552 8142 Tel: 0141 347 0690/336 Tel: 0141 762 1238. 0141 589 5551 0141 946 9100
Maryhill Integration Network	Social & cultural integration of asylum seekers, refugees and residents in Maryhill. Framework for Dialogue Group consists mostly of asylum seekers & refugees to discuss issues that affect them & to learn about the links that can be established to help them have a presence in our society. Please contact for more details.	Wed 5-8pm Meet fortnightly	35 Avenuepark St, Maryhill	Rema Sherifi 0141 946 9106 0770485 0188 www.maryhill-integration.org.uk
Sighthill Community One Stop Shop	Accommodate Surgeries for a number of organisations please contact for further information.	Mon-Thurs 9-5 Fri 9-3	Flat 5/6 6 Fountainwell Square Sighthill	Tel: 0141 558 1226 SCOSS@btconnect.com

INFORMATION OF SERVICE PROVIDERS FOR ASYLUM SEEKERS AND REFUGEES

ORGANISATION	SERVICE	WHEN	WHERE	CONTACT DETAILS
Social Work Services Community Development Team	A group of organisations who service, plan & co-ordinate activities & services that support asylum seekers & refugees promote opportunities for integration in Glasgow. Monthly meetings in St Rollox Church, Sighthill. All are welcome please call to find out more.		Springburn & Western Glasgow North east LCPP, Unit W7, Rosemount Workplace, 141 Charles St, G21 2QA.	Dot Pringle, Development Officer Tel: 0141 559 4380
RELIGIOUS ACTIVITY				
Glasgow Iranian Church	Christian Sunday service	Sunday 2-5pm	1439 Pollokshaws Rd, Shawlands, Glasgow G41 3RQ	07886 963912 contact@gichurch.org www.gichurch.org
Greenview Evangelical Church	Family Church Service with a Sunday School for school age children & crèche for under 5s.	Sunday 11.30am – 12.30pm	Greenview Evangelical Church 1439 Pollokshaws Rd Glasgow G41 3RQ	
Glasgow International Christian Church	A Christian organisation that provides a church service set up for international students and their families who had no local church they could attend in their own vicinity.	Sunday 11am- 1pm at Glasgow Caledonian University, Hamish Wood Building, (Room W110)	Heart for the City, 535 Maryhill Rd, Glasgow G20 7UJ	Rev. Lukas njenga 0141 945 0454 Lukas@heartforthecity.co.uk www.heartforthecity.co.uk
Pollokshaws Parish Church	Church Service & Sunday School for adults & children of all ages	Sunday 11.15am – 12.30pm Other information Creche available for Church Service	Pollokshaws Parish Church 223 Shawbridge Street Glasgow	
St Rollox Church	Discovery Bible study – open to everyone Starting in Autumn. Please phone for more details.		St Rollox Church 9 Fountainwell Road Sighthill Glasgow G21 1RG	Tel: 0141 558 1809 email: strollox@btinternet.com
Tron St Mary's	Church Service	Sunday 11am	128 Red Road Barlornock Glasgow G21 4PJ	Tel: 0141 357 1552
Central Mosque	Place of Worship		1 Mosque Avenue, Glasgow	0141 4293132
Hindu Mandir	Place of Worship		1 La Belle Place, Glasgow	0141 332 0482
Gurduwara	Place of Worship		Berkeley Street, Glasgow	0141 333 0524